



## Morning After (The Night Before)

64 (optional 32) count, 4 wall, level

Choreographer : Chris Peel (UK)

Choreographed to : Must've Had A Ball by Alan Jackson,

Everything I Love Album (126 bpm)

E-mail: chronis@tinyworld.co.uk

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If opting for the 32 count, please use PART "B" ONLY. (See footnote at end of PART "A")

\*Dance ends on beat 20. For the 64 count option, replace count 20 in PART A with a stomp forward R and hold to end of cadenza.

For the 32 count option, replace count 20 in PART B with a stomp forward L and hold to end of cadenza.

"I'll Give You Something To Drink About" by George Jones (116 bpm) on "I Lived To Tell It All" album Whichever version is chosen, on the 3rd repetition (64 count), 6<sup>th</sup> repetition (32 count), dance steps 1-32 and repeat 25 - 32 to cover the 10 bar instrumental break. (Keep the steps small!)

### PART "A"

#### RIGHT CHASSÉ. CROSS SHUFFLE. KICK-BALL CHANGE. ROCK STEP

- 1&2 Side Step R - step L together, side step R
- 3&4 Step L across R - side step R, step L across R
- 5&6 Kick R forward - step R in place, step L together
- 7-8 Rock R diagonally forward, rock L in place (adjust to front on next step)

#### SAILOR STEP. LEFT MONTEREY ½ TURN. TOUCH-BALL CHANGE

- 9&10 Swing R behind L - side step L, step R together
- 11-12 Touch L to side, twist ½ turn left on R while stepping L together
- 13-14 Touch R to side, step R together
- 15&16 Touch L to side - step L in place, step R together

#### EXTENDED VINE LEFT WITH ½ TURN LEFT

- 17-20 Side step L, step R behind L, side step L, \*step R across (see note above)
- 21-24 Side step L, step R behind L, step ½ turn left on L, step R together

#### STOMP. HOLD. BACK-HEEL . BALL-CHANGE (X2)

- 25-26 Stomp L to side (feet, shoulder width apart), hold
- &27&28 Step back R - touch L heel forward, step L in place - step R together
- 29-30 Stomp L to side (feet, shoulder width apart), hold
- &31&32 Step back R - touch L heel forward, step L in place - step R together

>From this point, steps mirror the pattern above, excepting the last beat (&32). For the 32count option dance only PART B

### PART B

#### LEFT CHASSÉ. CROSS SHUFFLE. KICK-BALL CHANGE. ROCK STEP

- 1&2 Side step L - step R together, side step L
- 3&4 Step R across L - side step L, step R across L
- 5&6 Kick L forward - step L in place, step R together
- 7-8 Rock L diagonally forward, rock R in place

#### SAILOR STEP. RIGHT MONTEREY ½ TURN. TOUCH-BALL CHANGE

- 9&10 Swing L behind R - side step R, step L together
- 11-12 Touch R to side, twist ½ turn right on L while stepping R together
- 13-14 Touch L to side, step L together
- 15&16 Touch R to side - step R in place, step L together

#### EXTENDED VINE RIGHT WITH ½ TURN RIGHT

17-20 Side step R, step L behind R, side step R, \*step L across R (see note above)  
21-24 Side step R, step L behind R, step ½ turn right on R, step L together

**STOMP. HOLD. BACK-HEEL . BALL-CHANGE (X2)**

25-26 Stomp R to side (feet, shoulder width apart), hold  
&27&28 Step back L - touch R heel forward, step R in place, step L together  
29-30 Stomp R to side (feet, shoulder width apart), hold  
&31&32 Step back L - touch R heel forward, grind ¼ turn left on heel stepping down R - step  
L together

For the 32 count version: touch L in place and repeat PART B

REPEAT

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA

Tel: +44 (0)1704 501235 Fax: +44 (0)1704 501678

Web site: [www.linedancermagazine.com](http://www.linedancermagazine.com)

E-mail: [admin@linedancermagazine.com](mailto:admin@linedancermagazine.com)