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- 1,2 Step right forward at 45 degrees right and bump hips forward twice
3,4 Step left forward at 45 degrees left and bump hips forward twice
5 & 6 Kick right forward, step on ball of right foot beside left, step forward on left
7 & 8 Kick right forward, step on ball of right foot beside left, step forward on left
1,2,3,4 Rock forward onto right, rock back onto left, rock back onto right, rock forward onto left
5,6 Step right forward, pivot 1/2 turn left
7,8 Scuff right forward, hitch right knee while scooting forward on left
1 & 2,3,4 Shuffle forward right-left-right, rock forward onto left, rock back onto right
5 & 6,7,8 Shuffle back left-right-left, rock back onto right, rock forward onto left
1,2 Stomp right to right side, hold
& 3 & 4 Bring left together, step right to right side, bring left together, step right to right side
5,6 Rock back onto left behind right, rock forward onto right
7,8 Step left to left side, slide right up beside left taking weight onto right
1,2 Stomp left to left side, hold
& 3 & 4 Bring right together, step left to left side, bring right together, step left to left side
5,6 Rock back onto right behind left, rock forward onto left
7,8 Step right to right side, slide left up beside right taking weight onto left
1,2,3,4 Vine right-left-right touch left beside right and clap
5,6,7,8 Vine left-right-left turning 1/2 turn left, scuff right forward
1,2 Touch right toe forward with heel raised stomp right forward
3,4 Touch left toe forward with heel raised stomp left forward
5,6,7,8 Kick right forward twice, rock back onto right, rock forward onto left
1 & 2 Stomp right beside left, rock back onto right, step left in place
3,4 Step right forward, pivot 1/2 turn left
5,6 Step right forward and shimmy shoulders twice
7,8 Step left forward and shimmy shoulders twice

/Alternate for shimmies: touch right toe forward with heel raised & tap right heel twice, touch right toe forward with heel raised & tap right heel twice

REPEAT