STEPPIN'OFF



THEPage



Approved by:

Robert Lindsay More Than A Friend

4 WALL – 32 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Step, Cross Rock, Chasse 1/4 Turn, Step, Pivot 1/2 Turn		
1	Step left slightly forward left.	Step	Forward
2 – 3	Cross rock right over left. Recover onto left.	Cross Rock	On the spot
4 & 5	Step right to side. Step left beside right. Make 1/4 turn right stepping right forward.	Chasse Quarter	Turning right
6 – 7	Step left forward. Pivot 1/2 turn right. (9:00)	Step Pivot	
Restart	Wall 4: (Counts 8 & 1) Turn 1/4 right and step left to side. Step right beside left.		
	Then step left slightly forward left to start the dance again.		
Section 2	1/2 Triple Turn, Coaster Step, Step, Forward Shuffle, Forward Rock, Side Rock		
8 & 1	Triple step 1/2 turn right, stepping - left, right, left. (3:00)	Triple Half	Turning right
2 & 3	Step right back. Step left beside right. Step right forward.	Coaster Step	On the spot
4	Step left forward.	Step	Forward
5 & 6	Step right forward. Close left beside right. Step right forward.	Right Shuffle	
7 & 8	Rock forward on left. Recover onto right. Rock left to left side.	Rock & Rock	On the spot
Section 3	& Touch In, Touch Out, Sailor 1/4 Turn, Step, Pivot 1/4, Cross Shuffle		
& 1 – 2	Recover onto right. Touch left toe to right instep. Touch left toe to left side.	& Touch-In Touch-Out	On the spot
3 & 4	Making 1/4 turn left step left behind right. Step right beside left. Step left to place.	Sailor Quarter Turn	Turning left
5 – 6	Step right forward. Pivot 1/4 turn left. (9:00)	Step Quarter	
7 & 8	Cross right over left. Step left to left side. Cross right over left.	Cross Shuffle	Left
Section 4	& Cross, Back, Coaster Step, Side, Sailor Step x 2		
& 1 – 2	Step left beside right. Cross right over left. Step left back.	& Cross Back	Back
3 & 4	Step right back. Step left beside right. Step right forward.	Coaster Step	On the spot
5	Step left to left side.	Side	Left
6 & 7	Step right behind left. Step left beside right. Step right to place.	Sailor Step	On the spot
8 & (1)	Step left behind right. Step right beside left. (Step left slightly forward left)	Sailor (Step)	
Tag	End of Wall 8: Hip Sways		
1 – 3	Sway hips - right, left, right, then start the dance again.		

Choreographed by: Robert Lindsay (Scotland) October 2011

Choreographed to: 'More Than A Friend' by Michael Learns to Rock from CD Blue Night; also available as download from amazon.co.uk or iTunes

Restart/Tag: One Restart during Wall 4, one very easy Tag at the end of Wall 8



A video clip of this dance is available at www.linedancermagazine.com