STEPPIN'OFF



THEPage



Approved by:



Montego Bay

| 4 WALL - 32 COUNTS - BEGINNER / INTERMEDIATE | | | |
|--|--|-----------------------|---------------|
| STEPS | Actual Footwork | Calling Suggestion | DIRECTION |
| Section 1 | Forward Shuffle x 2, Forward Rock, Shuffle 1/2 Turn Right | | |
| 1 & 2 | Step right forward. Close left beside right. Step right forward. | Right Shuffle | Forward |
| 3 & 4 | Step left forward. Close right beside left. Step left forward. | Left Shuffle | |
| 5 - 6 | Rock forward on right. Recover back onto left, starting turn right. | Forward Rock | |
| 7 & 8 | Shuffle 1/2 turn right, stepping - right, left, right. | Shuffle Turn | Turning right |
| Section 2 | Touch, Touch, Sailor 1/4 Turn, Kick, Cross, Back, Side, Cross | | |
| 1 - 2 | Touch left toe forward. Touch left toe to left side. | Front Side | On the spot |
| 3 & 4 | Cross left behind right making 1/4 turn left. Step right to right side. Step left to place | Sailor Turn | Turning left |
| 5 - 6 | Kick right forward. Cross right over left. | Kick Cross | Left |
| 7 & 8 | Step left back. Step right to right side. Step left forward across right. | Back Side Cross | Right |
| Section 3 | Side Rock, Cross Shuffle, Walk x 2, & Touch x 2 | | |
| 1 - 2 | Rock right to right side. Recover onto left. | Side Rock | Right |
| 3 & 4 | Cross right over left. Step left to left side. Cross right over left. | Cross Shuffle | Left |
| Note | Body is angled to left diagonal at this point. | | |
| 5 - 6 & | Step left forward. Step right forward. Step left to left side. | Left Right Side | Forward |
| 7 | (Make 1/8 turn right to square up to wall) Touch right heel to left instep. | Heel | Left |
| & 8 | Step right to right side. Touch left heel forward. | & Heel | Right |
| Section 4 | Weave Right, Syncopated Weave Right, Touch Clap | | |
| 1 - 2 | Step left behind right. Step right to right side. | Behind Side | Right |
| 3 - 4 | Step left across right. Step right to right side. | Cross Side | |
| 5 & | Step left behind right. Step right to right side | Behind Side | |
| 6 & | Step left across right. Step right to right side. | Cross Side | |
| 7 - 8 | Step left behind right. Touch right toes beside left instep and clap. | Touch Clap | |

Choreographed by: Kathy Hunyadi (USA) May 2004

Choreographed to: 'Montego Bay' by Glenn Rogers (106 bpm)

from Love Train Album (16 count intro)



Music available on 5-track Love Train CD from www.linedancermagazine.com or call 01704 392300