

Monster In The Mirror

64 Count, 4 Wall, Advanced Choreographer: Kirsten Matthiessen (July 2011) Choreographed to: More (Jimmy Joker Remix)

by Usher

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36 count intro (app. 18 sec. into track)

| 1-8 1-2 &3-4 5&6& 7&8 | Rock step, Ball step ½ R, Rock fw, Side rock, Behind side cross Rock R fw, recover onto L 12:00 Step R next to L, step L fw, turn ½ R stepping onto R 06:00 Rock L fw, recover onto R, rock L to L side, recover onto R 06:00 Cross L behind R, step R to R side, cross L over R 06:00 | | | |
|--|---|--|--|--|
| 9-16 1-2 &3-4 5&6 7&8 | Side rock, Ball side rock, Sailor ¼ L, Kick ball touch Rock R to R side, recover onto L 06:00 Step R next to L, rock L to L side, recover onto R 06:00 Cross L behind R, turn ¼ L stepping R a small step to R side, step L fw 03:00 Kick R fw, step R next to L, touch L next to R | | | |
| 17-24 &1-2 3-4 5&6 7&8 | Ball step touch, Back x2, Sailor L, Sailor R Step L next to R, step R fw, touch L next to R 03:00 Walk back L swivelling R toes to R, walk back R swivelling L toes to L 03:00 Cross L behind R, step R slightly to R side, step L to L side 03:00 Cross R behind L, step L slightly to L side, step R to R side 03:00 | | | |
| 25-32 1&2 3-4 5&6 7-8 | Kick ¼ L point, Step ¼ R, Step ½ R, Coaster R, Walk x2 Kick L fw, turn ¼ L stepping L to L side, point R to R side (looking L) 12:00 Turn ¼ R stepping R fw, turn ½ R stepping L back 09:00 Step R back, step L next to R, step R fw 09:00 Walk L fw, walk R fw 09:00 | | | |
| 33-40 1&2& 3&4& 5&6 7-8 | Kick step lock step x2, scuff hitch touch, slide ½ R, slide ¼ R Kick L fw, step L fw, lock R behind L, step L fw 09:00 Kick R fw, step R fw, lock L behind R, step R fw 09:00 Scuff L fw, hitch L, touch L next to R 09:00 Pushing down on L slide ½ R stepping R fw, drag L fw turning ¼ R stepping L to L side 06:00 | | | |
| 41-48 1&2& 3&4 5& 6& 7& 8& | Heel lift x2, Swivel R, Arms, ¼ L Lift R heel, lift L heel, lower R heel, lower L heel 06:00 Swivel R toes towards L, swivel R heel towards L, swivel R toes towards L (feet end together) 06:00 Lift R arm 900 to R side bending 900 at elbow (fingers facing front, palm down) (5), lift L arm 900 to L side bending 900 at elbow (fingers facing front, palm down) (6) 06:00 Keeping the position of your R arm move it in front of your body (hand at chest level) (6), keeping the position of your L arm move it in front of your body placing L palm on top of R (&) Drop L elbow and raise R elbow 450 (7), return to normal (&) 06:00 Turn upper body ¼ L (8), turn lower body ¼ L (&) 03:00 | | | |
| 49-56 1-2 3&4 &5-6 7&8 | R heel grind, Sailor heel, Ball cross, ¼ L, Shuffle ¼ L Touch R heel fw (toes pointing L), step L to L side grinding R heel (toes now pointing R) 03:00 Step R behind L, step L next to R, touch R heel fw towards R diagonal 03:00 Step R next to L, cross L in front of R, turn ¼ L stepping back on R 12:00 Turn ¼ L stepping L to L side, step R next to L, step L to L side 09:00 | | | |
| 57-64 1&2& 3&4& 5-8 | Vaudeville R & L, Jazzbox ½ R Cross R in front of L, step L to L side, touch R heel fw towards R diagonal, step down on R Cross L in front of R, step R to R side, touch L heel fw towards L diagonal, step down on L Cross R in front of L, turn ¼ R stepping back on L, turn ¼ R stepping R fw, step L fw 03:00 | | | |
| Good lu | ck & Enjoy! . | | | |

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