

## Memphis

44 count, 2 wall, intermediate level

Choreographer: Gary Lafferty (Scotland) April 2008

Choreographed to: Nothin' Bout Memphis

by Trisha Yearwood, Album: Heaven, Heartache and the Power of Love

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### **ROCK, RECOVER, ¼ TURN, ROCK, RECOVER, LEFT COASTER STEP, STEP, ½ TURN, STEP**

- 1-2 Rock right forward foot, recover onto left foot & Turn ¼ right stepping slightly right forward foot  
3-4 Rock left forward foot, recover onto right  
5&6 Step left back foot, step on right foot beside left, step left forward foot  
7&8 Step right forward foot, pivot ½ turn to left, step right forward foot

### **ROCK, RECOVER, ¼ TURN, ROCK, RECOVER, RIGHT COASTER STEP, STEP, ½ TURN, STEP**

- 1-2 Rock left forward foot, recover onto right foot & Turn ¼ left stepping slightly left forward foot  
3-4 Rock right forward foot, recover onto left  
5&6 Step right back foot, step on left foot beside right, step right forward foot  
7&8 Step left forward foot, pivot ½ turn to right, step left forward foot

### **BUMP & BUMP, MAMBO ½ TURN, RIGHT LOCK-STEP FORWARD SYNCOPATED JAZZ WITH ¼ TURN**

- 1&2 Step right forward foot bumping hips forward, bump hips back, bump hips forward  
3&4 Rock left forward foot, recover onto right, turn ½ left stepping left forward foot  
5&6 Step right forward foot, lock-step left foot behind right, step right forward foot  
7&8 Cross-step left foot over right, step right back foot, turn ¼ left stepping left foot to left side

### **WEAVE INTO CROSS-ROCK, SIDE, ROCK BACK, RECOVER, ¼ TURN, ROCK BACK, RECOVER, ½ TURN**

- 1& Cross-step right foot over left, step to left on left foot  
2& Cross-step right foot behind left, step to left on left foot  
3&4 Cross-rock right foot over left, recover back onto left foot, step to right on right side  
5&6 Rock left foot behind right, recover onto right, turn ¼ right stepping back onto left foot  
7&8 Rock right back foot, recover onto left, turn ½ left stepping back onto right foot  
Insert tag & restart here on wall 2 only

### **SWEEP, WEAVE, HITCH, CROSS-SHUFFLE, HITCH, CROSS-SHUFFLE, SWAY RIGHT THEN LEFT & START SWEEPING LEFT FOOT AROUND FROM FRONT TO BACK**

- 1&2 Cross-step left foot behind right, step to right on right foot, cross-step left foot over right & Hitch right knee up slightly, angling body to left diagonal  
3&4 Cross-step right foot over left, step to left on left foot, cross-step right foot over left & Hitch left knee up slightly, angling body to right diagonal  
5&6 Cross-step left foot over right, step to right on right foot, cross-step left foot over right  
7-8 Step to right on right foot swaying hips to right, sway hips to left

### **ROCK BACK, RECOVER, ½ TURN, STEP BACK, RIGHT COASTER WITH A ROCK**

- 1&2 Rock right back foot, recover onto left, turn ½ left stepping back onto right foot  
3 Step back onto left foot  
4& Step right back foot, step on left foot beside right

### **TAG**

After 32 counts on wall 2

### **ROCK BACK, RECOVER, ½ TURN, ROCK BACK, RECOVER**

- 1&2 Rock left back foot, recover onto right, turn ½ right stepping back onto left foot  
3-4 Rock right back foot, recover onto left foot  
Then restart the dance again from count 1
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