STEPPIN'OFF



THEPage



Approved by:



Max Factor

4 WALL - 48 COUNTS - INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 2 3 & 4 5 - 6 7 & 8	Back Rock, Forward Shuffle, Step, 3/4 Turn Right, Chasse Left Rock right back. Recover forward onto left. Step right forward. Close left beside right. Step right forward. Step left forward. Make 3/4 turn right stepping right forward. Step left to left side. Close right beside left. Step left to left side. (9:00)	Back Rock Right Shuffle Step Turn Side Close Side	On the spot Forward Turning right Left
Section 2 1 - 2 3 - 4 5 6 & 7 8	Back Rock, 1/2 Turn Left, Cross, Kick Ball Cross, Side Rock right back slightly behind left. Recover forward onto left. Turn 1/4 left stepping right back. Turn 1/4 left stepping left to left side. Cross step right over left. Kick left diagonally forward left. Step left beside right. Cross right over left. Step left to left side. (3:00)	Back Rock Half Turn Cross Kick Ball Cross Side	On the spot Turning left On the spot Left
Section 3 1 & 2 3 & 4 5 - 6 7 8	Right And Left Sailor Steps, Scuff, Touch, Knee Twist 1/4 Turn Right Cross right behind left. Step left to left side. Step right to place. Cross left behind right. Step right to right side. Step left to place. Scuff right heel beside left leading into slight hitch. Touch right toe to side. Push right knee in towards left knee. Push right knee out to right side making 1/4 turn right. (6:00)	Right Sailor Left Sailor Scuff Touch Knee Twist	On the spot Turning right
Section 4 1 & 2 & 3 - 4 5 6 & 7 - 8	Heel Switches, 1/2 Left, 1/4 Left, Sailor Heel Jack, Hold Touch right heel forward. Step right beside left. Touch left heel forward. Step left beside right. Step right forward. Make 1/2 turn left (weight on left). Make further 1/4 turn left stepping right to right side. Cross left behind right. Step right back slightly diagonally right. Touch left heel forward diagonally left. Hold and clap. (9:00)	Heel & Heel & Step Turn Turn Behind & Heel Hold	On the spot Turning left On the spot
Section 5 & 1 - 2 3 4 - 6 7 & 8	& Cross, 1/2 Right Rock Step, Side, Cross & Heel Step left beside right. Cross right over left. Turn 1/4 right stepping left back. Turn 1/4 right stepping right to right side. Cross rock left over right. Recover back onto right. Step left to left side. Cross right over left. Step left back diagonally left. Touch right heel forward. (3:00)	& Cross Turn Turn Cross Rock Side Cross & Heel	Turning right On the spot
Section 6 & 1 - 2 3 & 4 5 - 6 & 7 - 8	& Cross, 1/4 Left, Coaster Step, Step, 1/4 Left, Syncopated Steps Forward Step right beside left. Cross left over right. Turn 1/4 left stepping right back. Step left back. Step right beside left. Step left forward. Step right forward. Make 1/4 turn left (weight on left). (Syncopated) Step right forward. Step left forward. Clap. (9:00)	& Cross Turn Coaster Step Step Turn Right Left Clap	Turning left On the spot Turning left Forward
Ending 1 - 2	Final Wall (facing 9:00, after count 48) Cross right over left. Unwind 3/4 left to face front for big finish!	Cross Unwind	Turning left

Choreographed by: Daniel Whittaker (UK) March 2007

Choreographed to: 'Good Rockin' Tonight' by Solomon Burke from CD Live At The House Of Blues, or Soul Of The Blues, or various compilation CDs, or downloadable from various sites.

Music Suggestions: 'Why Haven't I Heard From You' by Reba McEntire (112 bpm) from I'm A Survivor CD or Toe The Line Vol. 1.