

Matchbox

48 Count, 4 Wall, Improver

Choreographer: William Sevone (UK) Feb 2013

Choreographed to: Matchbox by Mike Sanchez and His Band,
CD: Almost Grown (iTunes / Amazon) (121 bpm)

Choreographers note:- Ideal for Beginners moving into the next level for the first time.Always remember - **'The beat may reach your feet - but the rhythm should electrify your soul'.**

Dance starts after 48 count intro on the word 'Cryin' (as in 'guess I'm tired of cryin'..)

2x Kick Fwd-Kick Diagonal-Sailor (12:00).

- 1 – 2 Kick right forward. Kick right to right diagonal.
- 3& 4 Step right behind left, step left to side, step right to right side.
- 5 – 6 Kick left forward. Kick left to left diagonal.
- 7& 8 Step left behind right, step right to side, step left to left side.

4x Short Diagonal Steps. Grapevine with Diagonal Heel Touch (12:00)

- 9 – 10 *with weight on ball - Step right diagonally forward right. Step left diagonally forward left.
- 11 – 12 *with weight on ball - Step right diagonally forward right. Step left diagonally forward left.
- 13 – 16 *Step right to right side. Cross left behind right. Step right to right side. Flick kick left diagonal left.

Note: Counts 9-12: Steps are short - similar to 'Prissy Steps'**Note: Counts 13-16: Swivel on balls of feet (rotating hips) – like 'The Twist'.****Grapevine with Diagonal Heel Touch. 2x Shuffle Backward (12:00)**

- 17 – 20 *Step left to left side. Cross right behind left. Step left to left side. Flick kick right diagonal right.
- 21& 22 turning upper body slightly right – Shuffle backward stepping R.L-R
- 23& 24 turning upper body slightly left – Shuffle backward stepping L.R-L.

Note: Counts 17-20: Swivel on balls of feet (rotating hips) – like 'The Twist'.*Walk Backward: R-L. Kick Ball-Forward. Walk Forward: R-L. Fwd Side Jack (12:00)**

- 25 – 26 Walk backward: Right-Left.
- 27& 28 Kick right forward, step right next to left, step forward onto left.
- 29 – 30 Walk forward: Right-Left.
- &31- 32 *Press right to right side, step down onto left. Step forward onto right.

Note: The 'Jack' is performed with a very slight hopping or jumping motion on the '&' and 1st count*Walk Forward: R-L. Fwd Side Jack. 2x 1/4 Side Rock-Recover Rock (6:00)**

- 33 – 34 Walk forward: Left-Right.
- &35- 36 *Press left to left side, step down onto right. Step forward onto left.
- 37 – 38 Turn ¼ left & rock right to right side (9). Rock recover onto left.
- 39 – 40 Turn ¼ left & rock right to right side (6). Rock recover onto left.

Note: The 'Jack' is performed with a very slight hopping or jumping motion on the '&' and 1st count*1/4 Chasse. 3/4 Chasse. Walk: R-L-R. 1/4 Pivot (3:00)**

- 41& 42 Turn ¼ left & Chasse right stepping R.L-R (3)
- 43& 44 Turn ½ left & step left to left side (9), step right next to left, turn ¼ left & step forward onto left (6).
- 45 – 46 Walk forward: Right-Left.
- 47 – 48 Step forward Right. Pivot ¼ left (weight on left) (3)

Finish**On Count 28 of Wall 7 the music changes to the 'Finale' – complete the section to Count 32 (facing 6:00) then do the following:**

- 1 – 2 Walk forward: Left-Right
- 3 – 4 Pivot ½ left (12). Turn ¼ left & step right to right side (9)
- 5 – 6 Turn ¾ left & step forward onto left. with right knee slightly bent – Stamp forward onto right foot with -arms outstretched to either side.