

... Focus on Kate Sala





Another latin rhythm to enjoy. I enjoyed choreographing this one, I didn't teach it much but would love another chance to get it out there. It was what I think was new at the time, a 'progressive TAG' where I just kept adding steps to the previous tag. Uplifting music. As you can tell, music is important to me and that comes first, I can't choreograph without it, that doesn't seem right!

Mambotastic

4 WALL - 32 COUNTS - INTERMEDIATE

Steps	Actual Footwork	Calling Suggestion	Direction
Section 1 1&2 3&4 5&6& 7&8	Mambo Forward, Mambo Back, Paddle 1/4 Turn x 2, Paddle 1/2 Turn, Step. Rock forward on right. Recover onto left. Step back on right. Rock back on left. Recover onto right. Step forward on left. Touch right toe forward. Pivot 1/4 turn left. Touch right toe forward. Pivot 1/4 turn left. Touch right toe forward. Pivot 1/2 turn left. Step forward on right. (Roll hips during paddles)	Right Mambo Left Mambo Touch Turn Touch Turn Touch Turn Step	Forward Back Turning Left On the spot
Section 2	Step, Pivot 1/4 Turn, Cross Step, Triple Step 3/4 Turn, Cross Step, Side Step, Back Step, Mambo Back		
1&2 3&4	Step forward on left. Pivot 1/4 turn right. Cross step left over right (3 o'clock) Turn 1/4 left stepping back on right. Turn 1/2 left stepping forward on left. Step forward on right. (6 o'clock)	Step Turn Cross Triple Turn	On the spot Turning Left
5&6 7&8	Cross left over right. Step right slightly back and out to right side. Step back on left. Rock back on right. Recover onto left. Step forward on right.	Cross Side Back Right Mambo	Back On the spot
Section 3 1&2 3&4 5&6 7 8&1	Mambo 1/2 Turn, Kick Ball Step, Coaster Step, 1/4 Turn & Step Side, Cross Mambo Back Rock forward on left. Recover onto right. Turn 1/2 left stepping forward on left. (12 o'clock) Kick right forward. Step down on right. Step forward on left. Step forward on right. Step left beside right. Step back on right. Turn 1/4 left stepping left to left side. (9 o'clock) Cross rock right behind left. Recover onto left. Step right to right side.	Mambo Turn Kick Ball Step Coaster Step Side Step Mambo Cross	Turning Left On the spot Turning left On the spot
Section 4 2&3 4&5 6&7 &8	Cross Mambo Back ¼ Turn, Pivot ¾ Turn, Step, Behind, Side, Cross Shuffle Cross rock left behind right. Recover onto right. Turn 1/4 left stepping forward on left. Step forward on right. Pivot 3/4 turn left. Step right to right side. (9 o'clock) Cross step left behind right. Step right to right side. Cross step left over right. Step right to right side. Cross step left over right.	On the spot Step Turn Side Behind Side Cross Side Cross	Turning left Right
TAG 1: 1&2 3 4&5 6	End of Wall 2 facing 6 o'clock. Step Pivot 1/2 Turn, Step, Walk, Repeat Step forward on right. Pivot 1/2 turn left. Step forward on right. Step forward on left. Step forward on right. Pivot 1/2 turn left. Step forward on right. Step forward on left.		
TAG 2: 7&8	End of Wall 4 facing 12 o'clock Repeat Tag 1 and add on the next 10 counts Walk x 2 Walk forward on right, left		
1&2 3&4 5&6& 7&8	Mambo Back x 2, Heel Switches x 2, Hold. Rock back on right. Recover onto left. Step right beside left. Rock back on left. Recover onto right. Step left beside right. Dig right heel forward. Step right next to left. Dig left heel forward. Step left next to right. Touch right toe next to left instep. Hold.		
TAG 3: 1&2 3&4	End of Wall 6 facing 6 o'clock Repeat Tag 2 and add on the next 4 counts. Side Mambo right, Side Mambo left Rock right to right side. Recover onto left. Step right beside left. Rock left to left side. Recover onto right. Step left beside right.		

Choreographed by:

Kate Sala UK September 2009

Choreographed to:

Do You Remember? By Neil Sedaka (99 BPM) from CD "Music Of My Life also available on itunes



A video clip of this dance is available at www.linedancermagazine.com