

Mambo A Heya

Web site: www.linedancermagazine.com

48 count, 4 wall, improver level Choreographer: Sebastiaan Holtland (NL) Oct 2007 Choreographed to: Mambo A Heya by Helena Paparizou

E-mail: admin@linedancermagazine.com

STEP 1/2 PIVOT, 1/4 STEP WITH RF OUT IN A QUICK MOTION, HOLD, 2X MAMBO HIP ROCK

- 1-2 Rf step forward, 1/2 turn left (facing 6:00)
- &3-4 1/4 turn left, Rf step out right in a quick motion, hold (facing 3:00)
- 5&6 Rf step next Lf, Lf step next Rf, Rf step out to right (facing 3:00)
- 7&8 Lf step next Rf, Rf step next Lf, Lf step out to left weight on Lf (facing 3:00)

STEP 1/2 PIVOT, 1/4 STEP WITH RF OUT IN A QUICK MOTION, HOLD, 2X MAMBO HIP ROCK

- 9-10 Rf step forward, 1/2 turn left (facing 9:00)
- &11-12 1/4 turn left, Rf step out right in a guick motion, hold (facing 6:00)
- 13&14 Rf step next Lf, Lf step next Rf, Rf step out to right (facing 6:00)
- 15&16 Lf step next Rf, Rf step next Lf, Lf step out to left weight on Lf (facing 6:00)

SIDE SHUFFLES, HITCH, 3/4 TRAVELLINGS TURN, FWD

- 17&18& Rf step to the right, Lf close next to Rf, Rf step to the right, Lf step next Rf (facing 6:00)
- 19-20 Rf step to the right, Lf hitch knee side (facing 6:00)
- 21a22 Lf across Rf in a 1/8 turn left, Rf step 1/8 to the right side, Lf across Rf (facing 3:00)
- a23a24 Rf step 1/8 to the right side, Lf across Rf, Rf step 1/8 to the right side, Lf across Rf (facing 12:00)

ROCK FWD, RIGHT ANCHOR STEP, CHA CHA BREAKS BACK, TOUCH

- 25-26 Rf rock forward, Lf recover (facing 12:00)
- 27&28 Cross Rf behind Lf taking weight onto it, recover weight onto Lf, step back on Rf (facing 12:00)
- &29&30 Lf step back and push Rf forward on toe, Rf step back and push Lf forward on toe (facing 12:00)
- &31&32 Lf step back and push Rf forward on toe, Rf step back and touch Lf next Rf weight onto Rf (12:00)

1/4 TURN, LOCK SHUFFLES FWD WITH HITCHES IN ATTITUDE, STEP 1/2 PIVOT, LOCK SHUFFLE

Note when you make the lock shuffles fwd, with knee hitches

- &33&34 1/4 turn left, Lf step forward, Rf lock behind Lf, Lf step forward (facing 9:00)
- &35&36 Lf step forward, Rf lock behind Lf, Lf step forward (facing 9:00)
- 37-38 Rf step forward, 1/2 turn left end weight onto Lf (facing 3:00)
- 39&40 Rf step forward, Lf close behind Rf, Rf step forward (facing 3:00)

LEFT SIDE MAMBO, RIGHT SIDE MAMBO, 2X JUMP BACK IN OUT POSITION, AND TOUCH

- 41&42 Lf step to the left side, Lf step next Rf (facing 3:00)
- 43&44 Rf step to the right side, Rf step next Lf (facing 3:00)
- &45&46 Rf+Lf jump back and ending in a out out position, Rf+Lf jump back in center (facing 3:00)
- &47&48 Rf+Lf jump back and ending in a out out position, Rf+Lf jump back in center and touch Rf next Lf ending weight onto Lf (facing 3:00)

Restarts: On the 3rd wall you get a restart, after the counts, 1 t/m 16

On the 6th wall you get a restart, after the counts, 41 t/m 44

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Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)1704 501678