

Mac-Rumba

Phrased, 4 Wall, Improver

Choreographer: Max Perry (USA) Aug 2010

Choreographed to: One Hell Of A Woman

by Mac Davis

Sequence: A B A B (omit last 8 counts), B to the end (On ball steps, turn to face 12:00)
Start dancing on lyrics

PART A (VERSE)

ROCK STEP FORWARD, HOLD, ROCK STEP BACK, HOLD

- 1-2-3-4 Rock left forward, recover to right, step left back, hold
5-6-7-8 Rock right back, recover to left, step right forward, hold

ROCK SIDE, CROSS IN FRONT, ROCK SIDE, CROSS IN FRONT

- 1-2-3-4 Rock left to side, recover to right, cross left over right, hold
5-6-7-8 Rock right to side, recover to left, cross right over left, hold

WEAVE LEFT, SIDE ROCK, CROSS, HOLD, WEAVE RIGHT, SIDE ROCK, CROSS, HOLD

- 1-2-3-4 Step left to side, cross right behind left, step left to side, cross right over left
5-6-7-8 Rock left to side, recover to right, cross left over right, hold
1-2-3-4 Step right to side, cross left behind right, step right to side, cross left over right
5-6-7-8 Rock right to side, recover to left, cross right over left, hold

SIDE ROCK, ½ PIVOT TURN RIGHT, FULL 360 TRAVELING PIVOT MOVING FORWARD, ¼ PIVOT TURN RIGHT

- 1-2 Rock left to side, recover to right
3-4 Step left forward, turn ½ right (weight to right) (6:00)
Don't stop. Blend into next step
5-6 Turn ½ right and step left back, turn ½ right and step right forward (6:00)
7-8 Step left forward, turn ¼ right (weight to right) (9:00)

WEAVE WITH RONDÉ TRAVELING RIGHT, WEAVE WITH RONDÉ TRAVELING LEFT

- 1-2-3-4 Cross left over right, step right to side, cross left behind right, touch right to side
This is the rondé, circling leg from front to back as an option
5-6-7-8 Cross right behind left, step left to side, cross right over left, touch left to side (ronde)

CROSS, POINT, CROSS, POINT, JAZZ BOX TURNING ½ LEFT

- 1-2-3-4 Cross left over right, touch right to side, cross right over left, touch left to side
5-6-7-8 Cross left over right, step right back, turn ¼ left and step left to side,
turn ¼ left and step right forward (3:00)

3 TOE-HEEL STRUTS FORWARD, KICK TWICE

- 1-2-3-4 Step left toe forward, drop left heel, step right toe forward, drop right heel
5-6-7-8 Step left toe forward, drop left heel, kick right forward twice

BACK, TOUCH, FORWARD, TOUCH, FORWARD TURNING, TOUCH, FORWARD, TOUCH

- 1-2-3-4 Step right back, touch left together, step left forward, touch right together
5-6-7-8 Step right forward, turn ½ left and touch left together, step left forward, touch right together

PART B (CHORUS)

SHUFFLE RIGHT, ROCK BACK, SHUFFLE LEFT, ROCK BACK

- 1&2-3-4 Chassé side right, left, right, rock left back, recover to right
5&6-7-8 Chassé side left, right, left, rock right back, recover to left

GRAPEVINE -WEAVE RIGHT WITH SPIN RIGHT, SHUFFLE RIGHT, ROCK BACK

- 1-2-3-4 Step right to side, cross left behind right, step right to side, cross left over right
Option: full spin on counts 3-4
5&6-7-8 Chassé side right, left, right, rock left back, recover to right

GRAPEVINE, WEAVE LEFT WITH SPIN LEFT, SHUFFLE LEFT, ROCK BACK

- 1-2-3-4 Step left to side, cross right behind left, step left to side, cross right over left
Option: full spin on counts 3-4
5&6-7-8 Chassé side left, right, left, rock right back, recover to left

2 HALF MONTEREY TURNS

- 1-2-3-4 Touch right to side, turn ½ right and step right together, touch left to side, step left together
5-6-7-8 Touch right to side, turn ½ right and step right together, touch left to side, step left together
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2 SIDE TOUCHES, 2 FORWARD TOUCHES, POSE & HOLD

- 1&2& Touch right to side, step right together, touch left to side, step left together
3&4& Touch right forward, step right together, touch left forward, step left together
5-6-7-8 Step right forward, hold for 3 counts
This is a good spot for some arm styling

$\frac{3}{4}$ TOUCH PIVOT TURNS RIGHT, $\frac{1}{2}$ TOUCH PIVOT TURNS LEFT (CHUGS)

- 1-2 Step left forward, turn slightly right (weight to right in place)
3-8 Repeat 1-2 three more times, completing a $\frac{3}{4}$ turn right (6:00)
& Step left together
9-10 Step right forward, turn slightly left (weight to left in place)
11-16 Repeat 9-10 three more times, completing a $\frac{1}{2}$ turn left (12:00)
& Step right together