

## Love Supreme

32 count, 2 wall, intermediate level

Choreographer: Michael Lynn (UK) Nov 2006

Choreographed to: Invincible by Carola (131 bpm),

Album: Eurovision 2006 by Various Artists

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Start on chorus 40 secs approx

### **RIGHT HEEL DIGS, BEHIND SIDE CROSS, LEFT HEEL DIGS, BEHIND SIDE CROSS**

- 1-2 Touch right heel forward twice,
- 3&4 Cross right behind left, step left to left side, cross right over left,
- 5-6 Touch left heel forward twice,
- 7&8 Cross left behind right, step right to right side, cross left over right.

### **MONTERY ¼ TURN RIGHT, HEEL DIGS, BACK RIGHT COASTER**

- 1-2 Touch right to right side, on ball of left make 1/4 turn right, stepping right beside left,
- 3-4 Touch left to left side. Step left beside right.,
- 5&6 Dig right heel forward, hitch right across left, dig right heel forward,
- 7&8 Step back right, step left beside right, step forward right.

### **FORWARD LEFT SHUFFLE, RIGHT ROCK RECOVER, TRIPLE FULL TURN RIGHT, TOE SWITCHES**

- 1&2 Step forward left, close right beside left, step forward left,
- 3-4 Step right forward, rock weight back onto the left,
- 5&6 Triple step full turn right, stepping - right, left, right,
- 7&8 Touch left toe to left side, step left beside right, touch right to right side.

### **¼ TURN RIGHT BODY, BODY ROLLS, KICK BALL CHANGE, SHOULDERS**

- 1-2 Twist your body slightly ¼ right, body roll over 2 counts,
  - 3-4 Body roll over 2 counts,
  - 5&6 Kick right forward, step right beside left, step onto left in place,
  - 7-8 Drop right heel, lifting left heel (keeping toe in place), drop left heel, lifting right heel
- STYLING: Counts 7-8 shrug right shoulder up with left down, then shrug left shoulder up, right shoulder down.

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Music download available from itunes

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