

Start dance 16 Counts after the heavy beat kicks in

1/2 TURN MONTEREY, TOUCH KICK, BACK ROCK, SHUFFLE

- 1-2 Point right toe to right side, turn 1/2 right stepping.
- 3-4 Touch left toe next right foot, kick left foot fwd.
- 5-6 Rock back on left foot, recover fwd on right.
- 7&8 Shuffle fwd on left, right, left.

1/4 PIVOT, WEAWE 1/4 TURN.

- 1-2 Step fwd on right foot, pivot 1/4 left.
- 3-4 Cross right over left, step left to left side.
- 5-6 Cross right behind left, step left to left side
- 7-8 Cross right over left, turn 1/4 right stepping back on left.

BACK ROCK , KICK BALL STEP, STEP TOUCH, LEFT LOCK STEP.

- 1-2 Rock back on right, recover fwd on left.
- 3&4 Kick right foot fwd, step down on ball of right foot, step fwd on left foot.
- 5-6 Step fwd on right, touch left toe next right foot.
- 7&8 Step fwd on left, lock right behind left, step fwd on left.

FWD ROCK, SHUFFLE BACK, 1/2 TURN SHUFFLE, ROCK 1/4 TURN.

- 1-2 Rock fwd on right, recover back on left.
- 3&4 Shuffle back on right, left, right.
- 5&6 Shuffle 1/2 turn left, stepping left, right, left.
- 7-8 Turn 1/4 left rocking right foot out to right side, recover on left foot.

Floor split with Lose My Mind by Audrey Watson

Music download available from iTunes
