

Lose My Mind

IMPROVER

32 Count 2 Walls

Choreographed by: Frida Axelsson

Choreographed to: Fairytale by Alexander Rybak

Bendknees, heelswitches, touch back, 1/2 turn R, kick ball change

- 1 - 2 Bend both knees, straight both knees
3 & 4 & Touch R heel fwd, step RF in place, touch L heel fwd, step LF in place
5 - 6 Touch RF back, turn 1/2 right (keep weight on LF)
7 & 8 Kick RF fwd, step RF in place, step LF in place

Steps fwd, R shuffle back, step fwd, touch, scoot, steps back

- 1 - 2 Step RF fwd, step LF fwd
3 & 4 Right shuffle back
5 - 6 & Step LF fwd, touch RF behind LF, scoot LF back
7 - 8 Step RF back, step LF beside RF

Sideswitches, swivel heels, cross behind, unwind 1/2 turn R, left shuffle 1/2 turn R

- 1 & 2 & Touch RF sideright, step RF in place, touch LF sideleft, step LF in place
3 & 4 Step RF in front of LF, swivel heels out - in
5 - 6 Cross RF behind LF, unwind 1/2 turn right
7 & 8 Left shuffle turn 1/2 right

Rock back, full turn L, heel and toe touches

- 1 - 2 Rock RF back, recover
3 & 4 Tripple full turn left (alt left shuffle fwd)
5 & 6 & Touch L heel fwd, step LF in place, touch R toes in place, step RF in place
7 & 8 Touch L heel fwd, step LF in place, step RF in place

Tag 1, After wall 3

- 1 & 2 & Touch R heel fwd, hook RF over LF, touch R heel fwd, flick RF

Tag 2, After wall 5

- 4 & Just like tag 1 twice
4 &

Tag 3, After wall 7

- 1 - 8 Sidetouches. Step Rf sideright, touch LF beside, step LF sideleft, touch RF beside - repeat one time