Web site:www.linedancermagazine.com
E-mail: admin@linedancermagazine.com

48 count, 2 wall, Intermediate level Choreographer: Neville Fitzgerald \& Julie Harris (UK) Oct 06
Choreographed to: I Choose Life by Keisha White, Album: Out Of My Hands

Intro:1 Count before Vocal. (12 Seconds)
Step, 1/2, 1/2, 1/4, Together, Side, Rock Step, 1/4, 1/2, $1 / 4$.
1-2 Step forward on Left, pivot $1 / 2$ turn to Right.
3 Make $1 / 2$ turn to Right stepping back on Left.
4\&5 1/4 turn to Right stepping Right to Right side, step Left next to Right, step Right to Right side.
6-7 Cross rock Left over Right, recover on Right.
8\&1 Make $1 / 4$ turn to Left stepping forward on Left, $1 / 2$ turn left stepping back on Right, $1 / 4$ turn to Left stepping Left to Left side.

## Rock, Step, 1/4 Right Lock Back, 1/2, 1/4, Rock \& Side.

2-3 Cross rock Right over Left, recover on Left.
4\&5 Making $1 / 4$ turn to Left step back on Right, lock Left over Right, step back on Right.
6-7 Make $1 / 2$ turn to Left stepping forward on Left, $1 / 4$ turn to Left stepping Right to Right side.
8\&1 Cross rock Left behind Right, recover on Right, step Left to Left side.
1/2 Turn, Step, Step $1 / 2$ Step, 1/2, 1/4, Rock \& Side.
2-3 Make $1 / 2$ turn to Right stepping forward on Right, step forward on Left.
4\&5 Step forward on Right, pivot 1/2 turn to Left, step forward on Right.
6-7 Make $1 / 2$ turn to Right stepping back on Left, $1 / 4$ to Right stepping Right to Right side.
8\&1 Cross rock Left behind Right, recover on Right, step Left to Left side.
Rock Step, Step, Spiral Full Turn, Rock Step, Coaster Cross.
2-3 Rock Right behind Left, recover on Left.
4-5 Step forward on Right, step forward on Left making a full spiral turn to Right.
6-7 Rock forward on Right, recover on Left.
8\&1 Step back on Right, step Left next to Right, cross step Right over Left.
Side Rock, Behind \& Step, Rock, Recover, 1/2, 1/2, 1/2.
2-3 Rock to Left side on Left, recover on Right.
4\&5 Cross step Left behind Right, step Right to side, step forward on Left.
6-7 Rock forward on Right, recover on Left.
8\&1 Make $1 / 2$ turn to Right stepping forward on Right,*R* $1 / 2$ turn to Right stepping back on Left, 1/2 turn to Right stepping forward on Right.

Step, Mambo Step, Point, Sailor Step, Behind, Side, Step.
2 Step forward on Left.
3\&4 Rock forward on Right, recover on Left, step back on Right.
5 Point Left to Left side.
6\&7 Cross step Left behind Right, step Right to Right side, step Left to Left side.
\&8\& Cross step Right behind Left, step Left to Left side, step forward on Right.
*R* Restart. Wall 2. Dance up to \& including Count 40 then Restart from Count 1.

