## STEPPIN'OFF



THEPage



Approved by:

## & Musell. Lonesome Luke

4 WALL - 32 COUNTS - BEGINNER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Forward, Touch/Clap, Back, Touch/Clap, Back, Touch/Clap, Forward, Touch/Clap		
1 – 2	Step right diagonally forward right. Touch left beside right and clap.	Step Touch	Forward
3 – 4	Step left diagonally back left. Touch right beside left and clap.	Back Touch	Back
5 – 6	Step right diagonally back right. Touch left beside right and clap.	Back Touch	
7 – 8	Step left diagonally forward left. Touch right beside left and clap.	Step Touch	Forward
Section 2	Grapevine Right, Heel Twists		
1 – 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 – 4	Step right to right side. Step left beside right.	Side Together	
5 – 6	Twist both heels left. Twist heels back to centre.	Heel Twist	On the spot
7 – 8	Twist both heels left. Twist heels back to centre.	Heel Twist	
Restart	Wall 3: Start the dance again.		
Section 3	Grapevine 1/4 Turn Scuff, Jazz Box		
1 – 2	Step left to left side. Cross right behind left.	Side Behind	Left
3 – 4	Turn 1/4 left stepping left forward. Scuff right forward.	Turn Scuff	Turning left
5 – 6	Cross right over left. Step left back.	Cross Back	On the spot
7 – 8	Step right to right side. Step left beside right.	Side Together	
Section 4	Heel, Hook, Forward Shuffle, Step, Together, Heel Split		
1 – 2	Touch right heel forward. Hook right heel in front of left knee.	Heel Hook	On the spot
3 & 4	Step right forward. Close left beside right. Step right forward.	Right Shuffle	Forward
5 – 6	Step left forward. Step right beside left.	Step Together	
7 – 8	Split heels apart. Return heels to centre.	Heel Split	On the spot

Choreographed by: Lorna Mursell (UK) February 2013

Choreographed to: 'Hank Williams Lonesome' by Gord Bamford from CD Day Job; download available from amazon.co.uk or iTunes (start on vocals)

**Restart:** One Restart during Wall 3



A video clip of this
dance is available at
www.linedancermagazine.com