

# Lonesome

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32 Count, 4 Wall, Improver, Two Step Choreographer: Niels Poulsen (Denmark) March 2012 Choreographed to: You're Gonna Make Me Lonesome When You Go by Miley Cyrus (96/192 bpm)

Intro: 16 counts from first beat in music (app. 10 secs into track).

#### 1 – 8 Rock R fw, shuffle 1/2 R, rock L fw, triple 3/4 cross L

- 1 2 Rock fw on R (1), recover weight back on L (2)
- 3&4 Turn ¼ R stepping R to R side (3), step L next to R (&), turn ¼ R stepping fw on R (4) 6:00
- 5 6Rock fw on L (5), recover weight back on R (6)
- 7&8 Turn 1/2 L stepping fw on L (7), step R next to L (&), turn 1/4 L on R crossing L over R (8) 9:00

#### 9 – 16 R side rock, behind side cross, L side rock, ¼ L into L coaster step

- 1 2Rock R to R side (1), recover weight on L (2)
- 3&4 Cross R behind L (3), step L to L side (&), cross R over L (4)
- 5 6Rock L to L side (5), recover weight on R (6)
- 7&8 Turn ¼ L stepping back on L (7), step R next to L (&), step fw on L (8) 6:00
- \* Restart here On wall 3, after 16 counts, facing 12:00

## 17 – 24 Rock R fw, R back lock step, L full turn, L coaster step

- 1 2 Rock fw on R (1), recover weight back on L (2) 3&4 Step back on R opening body slightly to R side (3), lock L over R (&), step back on R (4) -Note that body should still be turned slightly to R side to help prepare your next turn...
- 5 6Turn ½ L stepping fw on L (5), turn ½ L stepping back on R (6)
- Step back on L (7), step R next to L (&), step fw on L (8) 7&8

### 25 - 32 Touch & heel & X 2, Monterey 1/4 R, step fw L

- Touch R toes next to L (1), step slightly back on R (&), touch L heel fw (2), 1&2& step down on L (&)
- Note that you'll be travelling slightly forward during these steps 3&4& Touch R toes next to L (3), step slightly back on R (&), touch L heel fw (4), step down on L (&) Note that you'll be travelling slightly forward during these steps
- Point R to R side (5), turn ¼ R on L stepping R next to L (6) 9:00 5 – 6
- 7 8Point L to L side (7), step fw on L (8)
- Ending: You will automatically finish at 12:00! Do the first 16 counts of wall 10, which starts facing 6:00. After count 16 you'll finish nicely to the front. .
- TAG: After wall 5 (facing 6:00) and wall 7 (facing 12:00) you have 4 extra beats in the music. Add a R rocking chair: Rock fw on R (1), recover back on L (2), rock back on R (3), recover fw on L (4)

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