

Loch Lomond

Phrased, Advanced

Choreographer: Elizabeth Scott (Scotland) June 2009 Choreographed to: Loch Lomond (Hampden Remix)

by Runrig - "Children in Need" Single

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NOTE: Speed of music varies starting slow then fast - 2 DANCES IN ONE!!

SECTION ONE: (SLOW)

Starts On: 1st Drum Beat

DIAGONAL STEPS FORWARD, SHUFFLE, HIP SWAYS, 1/4 CHASSE LEFT

- 1 2 Step left forward to left diagonal, touch right beside left
- 3 & 4 Step right back to right diagonal, step left beside right, step back right
- 5 6 Sway hips to left side; sway hips to right side
- 7 & 8 & Step Left to Left side. Close Right beside Left. Make ¼ turn left step on Left. Step Right.

REPEAT: Section One x 5, but, on 5th wall, replace steps 7&8 with 5-6

SECTION TWO: (SLOW)

SWAY LEFT, RIGHT CHASSE LEFT, SWAY RIGHT, LEFT, CHASSE 1/4 RIGHT

1-2 Step left to left side, step right to right side

3&4 Step Left to Left side. Close Right beside Left. Step Left to Left side

5-6 Step right to right side, step left to left side

7&8 Step Right to Right side. Close Left beside Right. Make ¼ turn Right step forward Right.

SYNCOPATED FORWARD ROCK STEPS, PIVOT 1/4 TURN RIGHT, CROSS STEP

9 - 10 Rock forward on Left. Rock back on Right.

&11 & 12 Step Left quickly beside Right. Rock forward on Right. Rock back on Left

&13 - 14 Step forward left. Pivot ¼ turn Right (weight on Right)

15 - 16 Cross step left over right. Step right to right side. 6 O'CLOCK

REPEAT: STEPS 1-16 x 4 times

SWAY LEFT, RIGHT CHASSE LEFT, SWAY RIGHT, LEFT, CHASSE RIGHT

17 & 18 Step left to left side, step right to right side

19 & 20 Step Left to Left side. Close Right beside Left. Step Left to Left side

21 & 22 Step right to right side, step left to left side

23 & 24 Step Right to Right side. Close Left beside Right. Step Right to Right side

SYNCOPATED RUMBA BOX $1/4\,$ TURN LEFT x 2

25 & 26 Step left ¼ turn to left, step right beside, step left forward 27 & 28 Step right to right, step left beside right, step right backward

29 & 30 Step 1/4 turn left. step right beside, step left forward

31 & 32 Step right to right, step left beside right, step right backward

REPEAT: STEPS 17-32 x 2 times 12 O'CLOCK

REPEAT: SECTION ONE 12 O'CLOCK

TAG: Step Left. Touch Right Beside. Step Right. Touch Left Beside (4 Counts) 12 O'CLOCK

SECTION THREE: (FAST)

WEAVE RIGHT, CROSS ROCK RECOVER, CHASSE LEFT

1-2 Cross step left over right. Step right to right side3-4 Cross step left behind right. Step right to right side.

5-6 Cross rock left over right. Recover onto right.

7-8 Step left to left side. Close right beside left. Step left to left side.

WEAVE LEFT, CROSS ROCK RECOVER, CHASSE 1/4 TURN RIGHT

9-10 Cross step right over left. Step left to left side.11-12 Cross step right behind left. Step left to left side.

13-14 Cross rock right over left. Recover onto left.

15-16 Step right to right side. Close left beside right. Make ¼ turn right stepping forward

WALK LEFT, RIGHT, LEFT SHUFFLE, ROCK RECOVER, CHASSE 1/4 TURN RIGHT

17-18 Walk forward on Left. Walk Forward on Right

19-20 Step left forward. Close right beside left. Step left forward

21-22 Rock right forward. Recover onto left.

23-24 Step right to right side. Close left beside right. Make ¼ turn right stepping forward

25-26 27-28 29-30 31-32	LEFT & POINT, RIGHT CROSS, ½ RIGHT HINGE TURN, LEFT CROSS Cross step left over right. Step right to right side Cross step left behind right. Point right to right side. Cross Right over left, turning ¼ right step left back Turning ¼ right step right side, cross left over right.	
33-34 35-36 38-38 39-40	K, SAILOR ¼ TURN, LEFT BACK ROCK RECOVER, WALK LEFT RIGHT Rock right side. Recover on left. Cross right behind left. Step left to left side turning ¼ left. Step right in place. Rock back left. Recover onto right. Step left forward. Step right forward.	
REPEAT:	SECTION THREE (Steps 1-40) x 3	3 O'CLOCK
TAG:	LEFT JAZZBOX. LEFT ¼ TURNING JAZZBOX	12 O'CLOCK
REPEAT:	SECTION TWO (Steps 1-16 x 2, Steps 17-32 x 2)	12 O'CLOCK
REPEAT:	SECTION THREE x 5 then on the 9 o'clock wall Dance steps 1-24, changing steps 23-24 to Walk Backy	9 O'CLOCK wards Right & Left
SECTION FOUR: (VERY FAST) RIGHT & LEFT SAILOR STEPS, CROSS, UNWIND, FULL TURN, SIDE ROCK 12 O'CLOCK 1&2 Cross Right behind Left. Step Left to Left side. Step Right to place. 3&4 Cross Left behind Right. Step Right to Right side. Step Left to place. 5-6 Cross Left behind Right. Unwind full turn Left weight ends on Left. 7-8 Rock to Right side on Right. Recover onto Left in place.		
RIGHT & LE 9&10 11&12 13-14 15-16	LEFT SAILOR STEPS, CROSS, UNWIND, FULL TURN, SIDE ROCK Cross Right behind Left. Step Left to Left side. Step Right to place. Cross Left behind Right. Step Right to Right side. Step Left to place. Cross Right behind Left. Unwind full turn Right weight ends on Right. Rock to Left side on Left. Recover onto Right in place.	
RIGHT & LE 17-18 & 19 & 20 21-22 & 23 & 24	LEFT VAUDEVILLE STEPS Step Right to Right Side. Cross Left Behind Right. Step Right Diagonally Back Right. Touch Left Heel Diagonally forward Left Step Onto Left Side. Cross Right Behind Left Step Left to Left Side. Cross Right Behind Left Step Left Diagonally Back Left. Touch Right Heel Diagonally Forward Right. Step Onto Right In Place. Cross Left Over Right.	
 MONTEREY TURN x 2 25-26 Touch Right Toe to Right Side. On ball of Left make ¼ Turn Right, Step Right to Left 27-28 Touch Left to Left Side. Step Left Beside Right 29-32 (Repeat Steps 25-28) 		
REPEAT:	SECTION FOUR on 6 o'clock wall	
FINISH:	Bounce Right Heel Four Times. Bounce Left Heel Four Times Bump Hips Left Twice Bump Hips Right Twice x 2	

In celebration of Scotland's "Year of Homecoming" 2009

Swivel Hips Full Circle Left. Repeat to Right