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Live Life

32 count, 2 wall, intermediate level Choreographer: Glynn Rodgers (AppleJack) (UK) Sept 2004

Choreographed to: Life by Des'ree

1-8: Side Rock, Cross Shuffle, Heel Jack, Cross Shuffle, Heel Jack.

1-2: Rock right to right side, recover weight onto left.

3&4: Cross right over left, step left to left side, cross right over left.

&5: Step slightly back left, dig right heel diagonally forward.

&: Step right to place.

6&7: Cross left over right, step right to right side, cross left over right.

&8: Step slightly back right, dig left heel diagonally forward.

9-16: Step, Cross Unwind, Coaster Step, Skates, Shuffle.

&1-2: Step left back to place, cross right over left, unwind 3/4 left.

3&4: Step back left, close right to left, step forward left.

5-6: Skate forward right and left.

7&8: Step forward right, close left to right, step forward right.

17-24: Rock, Full Turn Back, Coaster Step, Kick Ball Change.

1-2: Rock forward left, recover weight onto right.

3: Turn 1/2 turn left stepping forward left.

4: Turn 1/2 turn left stepping back right.

5&6: Step back left, close right to left, step forward left.

7&8: Kick right foot forward, step right to place, step left to place.

25-32: Pivot Turn, Walk, Kick Ball Touch Back, Turn, Clap.

1-2: Step forward right, pivot 1/2 turn left.

3-4: Walk forward right and left.

5&6: Kick right foot forward, step right to place, touch left toe back.

7-8: Twist 1/4 turn left, clap.

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