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# Live It Up

Phrased, 112 Count, 2 Wall, Intermediate/Advanced Choreographer: Daniel Whittaker (UK) Oct 2014 Choreographed to: Live It Up by JLo Feat. Pitbull (iTunes, 4:03)

NOTE: Trust me it's REALLY not as hard as it may look, part B is very obvious, you will see. Start 24 counts in from when it starts with the vocals "Clap your hands" this is about 19 seconds into the music.

PATTERN: A - A - A (32 counts) - B - A - A (32 counts) - B - A (Restart after count 40) - A (32 counts)

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•	ecute counts 73 – 80) Part B always starts facing the back wall (6:00), and Restart is facing the front (12:00)
<b>PART /</b> 1-8 1-2 3&4 5-6 7&8	Side rock, sailor ¼ turn left, rock step coaster step  Rock right to right side, recover weight on to left  Step right behind left, make ¼ turn left step left forward, step right foot forward 09:00  Rock left forward, recover weight on left  Step left back, close right to left, step left foot forward
<b>9-16</b> 1-2 3&4 5-6-7-8	Step ¼ turn, cross ball step, cross side, back rock Step right forward, make ¼ turn left 06:00 Step right over left, step left foot back, step right to right side Cross left over right, step right to right side, rock left foot back behind right, recover weight on right
<b>17-24</b> 1-2 3&4 5-6 7&8	½ Turn, Cross ball step, rock step, full turn triple step  Make ¼ turn right stepping left back, make further ¼ turn right stepping right to right side 12:00  Cross left over right, rock right to right side, recover weight on to left  Rock right foot forward, recover weight on to left  Make full turn triple step turning right stepping R-L-R 12:00
<b>25-32</b> 1-2 3&4 5&6& 7-8	Walk forward Left-Right, left shuffle, Heel switches, and step ½ turn Walk forward left, right Shuffle forward L-R-L Touch right heel forward, switch and touch left heel forward, step left beside right Step right foot forward, make ½ turn left 06:00
<b>33-40</b> 1-2 3&4 5&6	Step out right-left, heel twist right-left, cross & heel, and touch Step right slightly forward and to right side, step left to left side Push right heel out to right, return to centre and push left heel out to left side Cross left over right, step right slightly back, touch left heel diagonally forward left Step left in place, touch right heside left, hold

- Step lett in place, touch right beside lett, hold

# \*\*\*\* RESTART ON 12:00 WALL \*\*\*\*\*

### 41-48 Switch steps, kick ball change, kick ball cross

- Touch right to right, switch & touch left to left 1&2
- Step left beside right & touch right heel forward, step right beside left & touch left toe beside right &3&4
- Kick left foot forward, step left beside right foot, step right beside left 5&6
- 7&8 Kick left foot forward, step left beside right, cross right over left

## 49-56 Box step turn (this makes a full turn)

- Make ¼ turn right stepping left slightly back (9:00) Make ¼ turn right stepping right foot forward 12:00 1-2
- Make ¼ turn right stepping left slightly back (3:00) Make ¼ turn right stepping right foot forward 06:00 3-4
- Rock left foot over right, recover weight on to right 5-6
- Chasse left stepping left, right, left 7&8

## 57-64 Step over touch, & heel hold, Syncopated weave right

- Cross right over left, touch left toe behind right heel 06:00 1-2
- &3-4 Step left back, touch right heel towards right diagonal, hold 06:00
- Step right beside left, cross left over right, step right to right side 06:00 &5-6
- 7&8 Step left behind right, step right to right side, step left over right 06:00

	B – this always starts facing back wall
<b>65-72</b> 1-4	Forward point, forward point, 2 x sailor steps Step forward right foot, touch left to left side, step forward left foot, touch right to right side 06:00
5&6	Sailor step R-L-R
7-8	Touch left toe behind right, unwind ½ turn to front wall 12:00
73-80	Step right side HOLD, Roll hips, roll shoulders, tap tap point
1-2	Step right to right side, HOLD
3-4	Roll your hips clockwise for 2 counts
5 6	Bring your right shoulder forward and around to back Bring your left shoulder forward and around to back
7&8	Ok now with your 2 fingers take your left hand to your right shoulder and tap it,
700	now take your left hand to left shoulder and tap it and finally point fingers out to left side at 10:00
81-88	Rock & side, Rock & side, heel switches ¼ turn
1&2	Rock right over left, recover weight on left, step right beside left
3&4	Rock left over right, recover weight on right, step left beside right
5&6	Touch right heel forward, switch and touch left heel forward
&7-8	Step left beside right, step right foot forward, make ¼ turn left 09:00
89-96	Kick & point, kick & point, sailor step, sailor 1/4 turn
1&2	Kick right foot forward, step right beside left, touch left to left side
3&4	Kick left foot forward, step left beside right, touch right to right side
5&6	Right sailor step stepping R-L-R
7&8	Left sailor step making ¼ turn left stepping L-R-L 06:00
97-104	Rock & side, Rock & side, heel switches ¼ turn
1&2	Rock right over left, recover weight on left, step right beside left 06:00
3&4	Rock left over right, recover weight on right, step left beside right 06:00
5&6	Touch right heel forward, switch and touch left heel forward 06:00
&7-8	Step left beside right, step right foot forward, make ¼ turn left 03:00
	Kick & point, kick & point, sailor step, behind unwind 3/4 turn to face 6:00 wall
1&2	Kick right foot forward, step right beside left, touch left to left side
3&4	Kick left foot forward, step left beside right, touch right to right side
5&6 7&8	Right sailor step stepping R-L-R Touch left behind right, unwind 3/4 turn left to face the back wall 06:00
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I know you're thinking, wow that's a lot of steps, majority of B is repeats and is not hard at all, but fits perfectly to the music. Give it a go I'm sure you will love it!!!