

Limbo Up

Website: www.linedancerweb.com Email: admin@linedancerweb.com BEGINNER 1 Walls Choreographed by: David J McDonagh & Sian L Edwards Choreographed to: Limbo by Jill Morris

## PART A

1 & 2 & 3	STREET WISE RUNNING MAN STEP OR HEEL SWITCHES, HIP BUMPS Left foot slide diagonally forward while right foot slides diagonally back Left foot slide back in place while you raise/hitch right knee Right foot slide diagonally forward while left foot slides diagonally back Right foot slide back in place while you raise/hitch left knee Left foot slide diagonally forward while right foot slides diagonally back
& 4 5 - 7 & 8	<i>I</i> ff you cannot do the above steps then do 3 heel switches-left, right, left Hold on the (&) count Touch left heel forward Bump hips left, right, left Bump hips right, left (weight on right)
& 9 & 10 & 11 & 12 13 - 15 & 16	VAUDEVILLE STEPS, HIP BUMPS Step left beside right, cross right over left Step left to left side, touch right heel to right diagonal Step right beside left, cross left over right Step right to right side, touch left heel to left diagonal Bump hips left, right, left Bump hips right, left (weight on left)
17 - 18 19 - 20	SNAKE ROLLS OR SWAYS Snake roll to left forward diagonal Snake roll to right back diagonal
	/If you cannot snake roll then just sway-left, right
	PART B
& 21 22 23 & 24	& STEP 1/2 TURN, KNEE POPS WITH SLIDES Step left beside right, step right forward Pivot 1/2 a turn left Slide left slightly back as you pop right knee forward Slide right slightly back as you pop left knee forward Slide left slightly back as you pop right knee forward
25 - 26 27 - 28 29 - 31 & 32	<b>STRAIGHT JAZZ BOX, HIP BUMPS</b> Cross right over left, step left back Step right to right side, step left together shoulder width apart Bump hips left, right, left Bump hips right, left (weight on both feet)
33 - 34 35 - 37	HIP ROLLS, BODY ROLL, ROLLING VINE Facing left diagonal roll hips (to the left) once over (2) counts Still facing left diagonal step right forward to do a (3) count body roll
38 - 40	<b>/If you cannot body roll then lean forward for (3) counts</b> Traveling right, do a (3) step vine rolling right
41 - 42 43 - 45	HIP ROLLS, BODY ROLL, ROLLING VINE Facing right diagonal roll hips (to the right) once over (2) counts Still facing right diagonal step left forward to do a (3) count body roll
46 - 48	<b>/If you cannot body roll then lean forward for (3) counts</b> Traveling left, do a (3) step vine rolling left (end with weight on both feet).
	/3rd time you do Part B counts 33-48 will slow down slightly, but carry on slow

/3rd time you do Part B, counts 33-48 will slow down slightly, but carry on slower.

## PART C

1 - 3 Bump hips left, right, left

& 4 Bump hips right, left (weight on both feet)

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