

Limbo Lady

BEGINNER 64 Count Choreographed by: Rob Fowler Choreographed to: Limbo Lady by The Dean Brothers

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	/This dance is a contra line dance to have some fun with. On beats 41-44 one side of the contra line joins hands at the arms length while the other side limbo under the arms on the jumps forward. On beats 57-60 the opposite side join hands etc.
	REPEAT
57 - 64	SYNCOPATED JUMPS WITH LIMBOS Repeat 41-48
49 - 52 53 - 56	SIDE TOGETHERS Left to side, right together, left side, right together (rolling hands held over head) Right side left together, right side left together (rolling hands down at waist level)
45 - 46 47 - 48	PADDLE TURNS TO THE LEFT (TWICE) Step forward right, paddle 1/4 turn to left and roll hips Step forward right, paddle 1/4 turn to left and roll hips
& 41 - 44	SYNCOPATED JUMPS WITH LIMBO ACTION Repeat &33 four times
& 33 & 34 & 35 & 36 & 37 - 39 40	SYNCOPATED JUMPS (WITH 1/2 TO THE RIGHT, THEN 1/4 TO THE LEFT) Jumps forward right, left with feet slightly apart Jumps forward right, left with feet slightly apart Jumps forward right, left with feet slightly apart Jumps forward right Jumps with left making 1/2 turn right Repeat &33-35& Jumps with left making 1/4 turn left
17 - 24 25 - 32	SIDE TOGETHERS (LEFT, RIGHT, LEFT, RIGHT WITH 1/4 TO THE LEFT) Repeat 1-8 Repeat 1-8 making 1/4 turn left on last beat
9 - 10 11 - 16	PADDLE TURNS TO THE RIGHT (X4) Step forward left, paddle 1/4 turn to right Repeat 9-10 (3 more times to complete a full turn). Roll hands over each other in front of chest as you go (right hand to the right); similar to "Staying Alive" dance.
1 & 2 & 3 4 5 - 8	SIDE TOGETHERS SYNCOPATED (LEFT, RIGHT) Left to side, right together Left to side, right together Left to side Touch right next to left and clap hands to left side making hula motions during 1-4 Repeat 1-4 starting to the right side, hands to right side making hula motions during 5-8

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