

**Limbo Lady** 

BEGINNER 48 Count

Choreographed by: Todd Lescarbeau Choreographed to: Tribal Dance by 2 Unlimited

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## **SECTION A (32 COUNTS)** SYNCOPATED LIMBO LEFT, CLAP, SYNCOPATED LIMBO RIGHT, CLAP & 1,2 While leaning back slightly (in limbo fashion), quickly step left to left, close right next to left, clap & 3.4 Repeat & 5.6 While leaning back slightly (in limbo fashion), quickly step right to right side, close left next to right, clap & 7,8 Repeat straighten up on count 8 SCUFFLES FORWARD WITH CLAPS (RIGHT LEFT, CLAP, RIGHT LEFT, CLAP, RIGHT LEFT, RIGHT LEFT, RIGHT LEFT, RIGHT LEFT) Quickly slide right foot forward, slide left forward, clap while leaning forward slightly & 1.2 & 3,4 Repeat this time leaning back slightly with clap **&** 5 - 8 Scuffle forward right left right left right left ROCK FORWARD, ROCK BACK, 1/2 PIVOT TURN TO THE LEFT, 1/4 PIVOT TURN TO THE LEFT 1,2 Rock forward onto right foot, recover on left 3,4 Rock back onto right foot, recover on left 5,6 Step forward on ball of right foot, pivot 1/2 turn to the left 7,8 Step forward on ball of right foot, pivot 1/4 turn to the left (transfer weight to left foot) KICK-BALL-CHANGE, STOMPS, LUNGES (WITH ATTITUDE) Kick right foot forward, step down on ball of right foot, change weight to left foot 1 & 2 3,4 Stomp right foot in place, stomp left foot in place Step right foot to right side while swaying hip, sway hip to left, step right beside left 5 & 6 7 & 8 Step left foot to left side while swaying hip, sway hip to right, step left beside right **SECTION B (16 COUNTS)** ROCK FORWARD, ROCK BACK, FULL PADDLE TURN TO THE RIGHT (CURVING CHASSE') 1,2 Rock forward on right foot, recover with left Rock back on right foot, recover with left 3,4 5 & Step forward and across with right foot starting to turn to the right, step side & slightly back on ball of left foot 6 & Step forward and across with right foot continuing to turn to the right, step side & slightly back on ball of left foot 7 & Step forward and across with right foot continuing to turn to the right, step side & back on ball of left foot finishing a full turn to the right 8 Step forward with the right foot. /The paddle turn above is considered a "classic" paddle turn. The amount of turn will vary depending on your stride. The end result should be a full turn to the right. The body will have a torque or twist to it as you execute the turn. Turn right toe out each time you step with it. ROCK FORWARD, TRIPLE STEP, ROCK BACK, TRIPLE STEP 1,2 Rock forward on left foot, recover with right foot 3 & 4 Step left foot in place, step right foot in place, step left foot in place 5,6 Rock back on right foot, recover with left Step right foot in place, step left foot in place, step right foot in place. 7 & 8