

## Lily's Good Cookin'

Phrased, 4 Wall, Intermediate

Choreographer: Lily Iizuka (Japan) June 2008

Choreographed to: Hey Good Lookin' by

Buckwheat Zydeco &amp; Dwight Yoakam,

CD: Where There's Smoke, There's Fire

Sequence: A,A,B,A,A,B,A,A,B,A,A,B,A

Start dance: After 32, counts with Vocal

Note: To fit the phrasing of the music, dance A,A,B,A,A,B..... through the end of the music.

### Part A: 32 count

#### RIGHT DOROTHY-STEP, SWAY, SWAY, LEFT DOROTHY-STEP, SWAY, SWAY

- 1-2& Right Dorothy-step (to R diagonal)
- 3-4 Sway left, Sway right
- 5-6& Left Dorothy-step (to L diagonal)
- 7-8 Sway right, Sway left

#### CROSS, RECOVER, CHASSE RIGHT 1/4 TURN RIGHT, 1/2 PIVOT TURN RIGHT, FULL TURN

- 1-2 Cross right over left, Recover on left
  - 3&4 Step right to right side, Step left next to right, turn 1/4 right step right forward,
  - 5-6 Left step forward, Pivot turn 1/2 right (weight on R)
  - 7&8 1/2 turn right step left back, 1/2 turn right step right forward, Step left forward
- Easy Option: Step left forward, Step right next to right, Step left forward

#### TURNING SWAY (FULL TURN)

- 1-2 Step right forward (with sway), Left 1/4 turn left sway (weight on L)
- 3-4 Step right forward (with sway), Left 1/4 turn left sway (weight on L)
- 5-6 Step right forward (with sway), Left 1/4 turn left sway (weight on L)
- 7-8 Step right forward (with sway), Left 1/4 turn left sway (weight on L)

#### TOE STRUT, HEEL STRUT, TOE STRUT, HEEL STRUT, KICK BALL STEP, HEEL TAPS

- 1& Touch right toe forward, (1) Drop right heel, (&) (Weight on R),
- 2& Touch left heel forward, (2) Drop left toe, (&) (weight on L)
- 3& Touch right toe forward, (3) Drop right heel, (&) (Weight on R),
- 4& Touch left heel forward, (4) Drop left toe, (&) (weight on L)
- 5&6 Kick right forward, Step right ball next to left, Step left forward
- 7-8 Tap right heel twice (slightly right side)

### Part B: 32 count

#### FORWARD SHUFFLE X 2, BACK SHUFFLE X 2

- 1&2 Right diagonal shuffle forward
- 3&4 Left diagonal shuffle forward
- 5&6 Right diagonal shuffle back
- 7&8 Left diagonal shuffle back

#### 1/4 TURN RIGHT MONTEREY, DWIGHT STEP TRAVELLING LEFT

- 1-2 Touch Right toe to right side, 1/4 turn right monterey, (weight R)
- 3-4 Touch left toe to right instep; swivel right heel to the left;  
Touch left heel to right instep; swivel right toes to the left
- 5-6-7-8 Repeat 3-4

#### 1/4 TURN LEFT MONTEREY, DWIGHT STEP TRAVELLING RIGHT

- 1-2 Touch Left toe to left side, 1/4 turn left Monterey (weight L)
- 3-4 Touch right toe to left instep; swivel left heel to the right,  
Touch right heel to left instep; swivel left toes to the right
- 5-6-7-8 Repeat 3-4

#### STEP 1/2 TURN RIGHT COASTER STEP, STEP 1/2 TURN LEFT COASTER STEP

- 1-2 Step right forward, 1/2 turn right step left back
- 3&4 Step right back, Step left next to right, Step right forward
- 5-6 Step left forward, 1/2 turn left step right back
- 7&8 Step left back, Step right next to right, Step left forward

