



STEPPIN'OFF

Approved by:

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THEPage

Like A Hero

2 WALL - 64 COUNTS - INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 2 3 & 4 5 - 6 7 & 8	Step, 1/2 Turn, Coaster Step, Step, 1/2 Turn, Behind Side Cross Step right forward. Make 1/2 turn right stepping left back. Step right back. Step left beside right. Step right forward. Step left forward. Make 1/2 turn left stepping right back. (12:00) Sweep/cross left behind right. Step right to right side. Cross step left over right.	Step Turn Coaster Step Step Turn Behind Side Cross	Turning right On the spot Turning left Right
Section 2 1 - 2 3 & 4 5 - 6 7 & 8	Side, Together, Lock Step Back, Rock 1/4 Turn, Cross Shuffle Step right to right side. Close left beside right. Step right back. Lock step left across right. Step right back. Make 1/4 turn left rocking left out to left side. Recover onto right. (9:00) Cross step left over right. Step right to right side. Cross step left over right.	Side Together Right Lock Right Rock Turn Cross Shuffle	Right Back Turning left Right
Section 3 1 - 2 & 3 - 4 & 5 - 6 7 - 8	Monterey 1/2 Turn With Holds, & Forward Rock, 1/2 Turn x 2 Point right toe out to right side. Hold. Make 1/2 turn right stepping right beside left. Point left toe out to side. Hold Step left beside right. Rock right forward. Recover back onto left. (3:00) Make 1/2 turn right stepping right forward. Make 1/2 turn right stepping left back.	Point Hold Turn Point Hold & Forward Rock Turn Turn	On the spot Turning right On the spot Turning right
Section 4 1 - 2 3 & 4 5 - 6 7 & 8	Back Rock, Kick Ball Step, Forward Rock, Triple Step Full Turn Rock right back. Recover forward onto left. Kick right forward. Step ball of right beside left. Step left forward. Rock right forward. Recover back onto left. Triple step full turn right on the spot, stepping - right, left, right. (3:00)	Back Rock Kick Ball Step Forward Rock Triple Full Turn	On the spot Forward On the spot Turning right
Section 5 1 - 2 & 3 - 4 5 - 6 7 & 8	Cross, Hold, & Heel Jack 1/4 Turn, Hold, Side Rock With Hitch, Chasse Cross step left over right (body facing right diagonal). Hold. Turn 1/4 left stepping right back. Touch left heel diagonally forward left. Hold. Rock left to left side. Recover onto right hitching left knee across right. Step left to left side. Close right beside left. Step left to left side. (12:00)	Cross Hold Turn Heel Hold Rock Hitch Side Close Side	Right Turning left On the spot Left
Section 6 1 - 2 3 & 4 5 - 6 7 & 8	Back Rock, Kick Ball Cross, Stomp, Hold, Sailor Cross 1/4 Turn Rock right back. Recover forward onto left. Kick right diagonally forward right. Step ball of right beside left. Cross left over right. Stomp right to right side. Hold. Cross left behind right turning 1/4 left. Step right beside left. Cross left over right.	Back Rock Kick Ball Cross Stomp Hold Sailor Turn	On the spot Right On the spot Turning left
Section 7 1 - 2 3 & 4 5 - 6 7 & 8	Side, Drag, Kick Ball Cross, Side, Together, Forward Shuffle Long step right to right side (angle body diagonally left). Drag left up to right. Kick left diagonally forward left. Step ball of left beside right. Cross right over left. (Straighten up to 9:00) Step left to left side. Close right beside left. Step left forward. Close right beside left. Step left forward.	Side Drag Kick Ball Cross Side Together Left Shuffle	Right Left Forward
Section 8 1 - 2 3 & 4 5 - 6 7 & 8	Forward Rock, Triple Step 3/4 Turn, Forward Rock, Coaster Step Rock right forward. Recover back onto left. Triple step 3/4 turn right, stepping - right, left, right. (6:00) Rock left forward. Recover back onto right. Step left back. Step right beside left. Step left forward.	Forward Rock Triple 3/4 Forward Rock Coaster Step	On the spot Turning right On the spot
Tag 1 1 - 2 & 3 - 4 & 5 - 6 7 & 8 9 - 16	Danced at end of Wall 2 (facing 12:00) 16 counts Rock right forward. Recover back onto left. Step right back. Touch left heel forward. Hold. Step left back to place. Rock right forward. Recover back onto left. Shuffle turn 1/2 turn right, stepping - right, left, right. Repeat above counts 1 - 8 on opposite foot.	Forward Rock & Heel Hold & Forward Rock Shuffle Turn	On the spot Turning right
Tag 2 1 - 2 3 - 4	Danced at end of Wall 4 (facing 12:00) 4 counts Step right forward. Pivot 1/2 turn left. Step right forward. Pivot 1/2 turn left.	Step Turn Step Turn	Turning left

Choreographed by: Choreographed to:

Choreographed by: Robbie McGowan Hickie (UK) May 2008

"Hero' by Charlotte Perrelli (126 bpm) CD Single;

also available as download from tescodigital (16 count intro)

Tags: There are 2 Tags, one of 16 counts at the end of Wall 2 and one of 4 counts at the end of Wall 4



A video clip of this dance is available at www.linedancermagazine.com