

# **Lightening** 64 Count, 4 Wall, Improver

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Choreographed to: Lightning by The Wanted

(120 bpm)

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Intro: 16 Counts

## 1 SIDE HOLD, <sup>1</sup>/<sub>2</sub> HINGE ROCK RECOVER, BEHIND SIDE CROSS <sup>1</sup>/<sub>4</sub> FLICK.

- 1-2 Step right to right side, hold for a beat.
- 3-4 Turn <sup>1</sup>/<sub>2</sub> right stepping rocking left to left side, recover on right.
- 5-6 Step left behind right, step right to right side
- 7-8 Cross left over right, turn ¼ left flicking right behind.

# 2 WALK WALK, KICK ¼ TURN, TWIST ¼ TURN KICK.

- 1-2 Walk fwd on right, walk fwd on left.
- 3-4 Kick right foot fwd, turn ¼ right stepping right to right side.
- 5-8 On balls of both feet twist right, left, right to complete ¼ right, kick right foot fwd.

## 3 BACK ROCK, CROSS HOLD & CROSS HOLD & SIDE TOUCH HOLD.

- 1-2 Rock back on right, recover fwd on left.
- 3-4 Cross right over left, hold for a beat.
- & 5-6 Step left to left side, cross right over left, hold for a beat.
- &7-8 Step left to left side, touch right next left, hold for a beat.

**RESTART** DANCE FROM BEGINNING HERE ON WALL 3

# 4 <sup>1</sup>/<sub>4</sub> TURN, FULL TURN HOLD, FWD ROCK, <sup>1</sup>/<sub>2</sub> TURN TOUCH.

- 1-2 Turn ¼ right stepping fwd on right, turn ½ right stepping back on left
- 3-4 Turn <sup>1</sup>/<sub>2</sub> right stepping fwd on right, hold for a beat.
- 5-6 Rock fwd on left, recover back on right.
- 7-8 Turn ½ left, touch right next left.

## 5 SIDE HOLD, <sup>1</sup>/<sub>2</sub> HINGE ROCK RECOVER, BEHIND SIDE CROSS <sup>1</sup>/<sub>4</sub> FLICK.

- 1-2 Step right to right side, hold for a beat.
- 3-4 Turn <sup>1</sup>/<sub>2</sub> right stepping rocking left to left side, recover on right.
- 5-6 Step left behind right, step right to right side
- 7-8 Cross left over right, turn ¼ left flicking right behind.

**RESTART** DANCE FROM BEGINNING HERE ON WALL 6

#### 6 FWD ROCK, COASTER STEP HOLD, PIVOT <sup>1</sup>/<sub>2</sub> TURN.

- 1-2 Rock fwd on right, recover back on left.
- 2-3 Step back on right, step left next right.
- 5-6 Step fwd on right, hold for a beat.
- 7-8 Step fwd on left, turn ½ right.

# 7 FULL TURNING WEAVE

- 1-2 Cross left over right, step right to right side.
- 3-4 Cross left behind right, turn ¼ right stepping fwd on right.
- 5-6 Step fwd on left, pivot ½ right.
- 7-8 Turn ¼ right stepping left to left side, hold for a beat.

#### 8 CROSS KICK, BACK SIDE, CROSS KICK, BACK ROCK.

- 1-2 Cross right over left, kick left foot out to left side.
- 3-4 Step back on left foot, step right to right side.
- 5-6 Cross left over right, kick right foot out to right side.
- 7-8 Rock back on right foot, recover fwd on left foot.

Music download available from iTunes

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