

Life's A Treat

IMPROVER 32 Count 4 Walls Choreographed by: Dom Yates Choreographed to: Life's A Treat by Shaun The Sheep

Website: www.linedancerweb.com Email: admin@linedancerweb.com

1 - 8 Side, Behind, Side Shuffle, Cross Rock, Side Shuffle 1/4

- 1 2 Step right to side, cross left behind right
- 3 & 4 Step right to side, slide left up to right, step right to side
- 5 6 Cross rock left over right, recover weight onto right
- 7 & 8 Step left to side, slide right up to left, make 1/4 turn left stepping forward left

9 - 16 Cross Side Rock x2, Jazz Box 1/4 With Cross

- 1 & 2 Cross right over left, rock left out to side, recover weight onto right
- 3 & 4 Cross left over right, rock right out to side, recover weight onto left
- 5 8 Cross right over left, step back on left, 1/4 turn right stepping right to side, cross left over right

17 - 24 Side Shuffle Back Rock x2

- 1 & 2 Step right to side, slide left up to right, step right to side
- 3 4 Rock back on left, recover onto right
- 5 & 6 Step left to side, slide right up to left, step left to side
- 7 8 Rock back on right, recover onto left

25 - 32 Grapevine 1/4 Turn Scuff, Forward Rock, Touch Unwind

- 1 4 Step right to side, cross left behind right, make 1/4 turn right stepping forward on right, scuff left foot forward
- 5 8 Rock forward on left, recover onto right, touch left toe back, unwind 1/2 turn left (weight ends on left)

TAG

4 (Facing Frostipp right foot to side and bump hips right, left, right, left (4 counts) then start the dance again 4 (Facing Front)

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