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Life Rolls On

32 Count, 4 Wall, Improver Choreographer: Lois Lightfoot (UK) March 2011 Choreographed to: Life Rolls On by Little Big Town

16 count intro

Sec 1 1-2 3&4 5-6 7&8	Right Cross rock, Right Side shuffle, syncopated weave right to the right. Cross rock right foot over left, Recover weigh onto left foot. Step right foot to side, Close left foot to right, Step right foot to side. Step left foot over right foot, Step right foot to right side. Cross left foot behind right, Step right foot to side, Cross left foot in front.
Sec 2 9-10 11&12 13&14 15&16	Right Side Rock, Right Shuffle side, Cross, Rock, Step, Left & Right. Rock right out to side, Recover weigh onto left foot (hitch right Knee slightly) Step right foot to side, close left foot to right, Step right foot to side. Cross Rock left over right, Recover weight on right, Step left to left side. Cross Rock right over left, Recover weight onto left, Step right to right side.
Sec 3 17-18 19&20 21-22 23&24	Rock forward, Recover, Shuffle ½ turn, Touch Heel & Toe, Shuffle forward. Rock forward onto left foot. Recover weight onto right foot, Step left foot back making ½ turn left, Close right to left, step left forward. Touch right heel forward, Touch right toe back. Step right foot forward, close left foot to right foot, step right foot forward.
Sec 4 25-26 27&28 29-30 31-32	Rock, Recover, Step Behind, side in front, Rock Recover, Rock ¼ turn, Recover. Rock forward onto left foot, Recover weight onto right foot. Step left behind right, step right foot to side, Cross left foot over right. Rock forward onto Right foot, Recover weight onto left foot. Make ¼ turn to right rocking right out to side, Recover weight onto left foot.
Tag: 1 & 2 3 & 4 5 - 6 7 & 8	comes at the end of the 1 st 3 rd & 5 th walls to keep it in phase with the music. They are sort of like the verse & chorus of the song, which makes them easy to spot. Cross, rock, step Right & Left, Rock, Shuffle Back, Slow coast, Brush. Cross right over left, Recover weight onto left, Step right to right side. Cross left over right, Recover weight on right, Step left to left side. Rock forward onto right foot, Recover weight onto left. Step right foot back, Close left to right, Step right foot back.
1 – 2 3 – 4	Step left foot back, Step right next to left, Step left foot forward, Brush right next to left.

Music download available from Amazon

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