

Right and left heel and toes.

- 1-2 step right heel to side, point right toe to centre
- 3-4 step right heel to side, step right toe to centre
- 5-6 step left heel to side, point left toe to centre
- 7-8 step left heel to side, step left to centre

Side step with twist

- 1-2 Step right to right side, twisting both heels left. Step left beside right
- 3-4 Step right to right side, twisting both heels .Step left beside right
- 5-6 Step right to right side, twisting both heels left. .Step left beside right
- 7-8 Step right to right side, Twisting both heels left touch left beside right

Chasse left. Rock back, Forward shuffle right left.

- 1&2 Step left to left side, close right beside left, step left to left.
- 3 - 4 Rock right, foot behind left, recover onto left.
- 5&6 Step right forward, close left beside right. step right forward.
- 7&8 Step left forward, close right beside left, step left forward.

Forward rock triple turn ½ right. Forward rock triple turn ½ left.

- 1-2 Rock right forward, recover onto left.
- 3&4 Triple turn ½ right. Right left right.
- 5-6 Rock left forward, Recover onto right.
- 7&8 Triple turn ½ left. Left right left.

Vine chasse cross rock.

- 1-2 Step right to right, left behind right.
- 3&4 Step right to right, close left beside right. step right to right.
- 5-6 Cross left over right, Recover onto right.
- 7&8 Step left to left. Close right beside left. Step left to left.

Cross,Side, Behind, Side, Jazz box ¼ turn right.

- 1-2 Cross right over left. step left to left.
- 3-4 Cross right behind left. step left to left.
- 5-6 Cross right over left. Step left back..
- 7-8 Step right ¼ turn right. Close left beside right.

To my friends in Vansbro
