



Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

Legendary Cowgirl

32 Count, 4 Wall, Improver

Choreographer: Phoenix Adamson (NZ) (Mar 2013)

Choreographed to: Legend Of A Cowgirl by Imani Coppola

Intro: 24 Counts

KICK BALL CROSS, KICK BALL CROSS, SIDE ROCK, BEHIND – SIDE – CROSS

- 1 & 2 Kick Right Foot Forward On Slight Diagonal, Step Right Next To Left, Cross Left Over Right
3 & 4 Kick Right Foot Forward On Slight Diagonal, Step Right Next To Left, Cross Left Over Right
5–6 Rock Right To Side, Recover Weight Onto Left,
7&8 Cross Right Behind Left, Step Left To Side, Cross Right Over Left

KICK BALL CROSS, KICK BALL CROSS, SIDE ROCK, BEHIND – SIDE – CROSS

- 1 & 2 Kick Left Foot Forward On Slight Diagonal, Step Left Next To Right, Cross Right Over Left
3 & 4 Kick Left Foot Forward On Slight Diagonal, Step Left Next To Right, Cross Right Over Left
5 – 6 Rock Left To Side, Recover Weight Onto Right
7&8 Cross Left Behind Right, Step Right To Side, Cross Left Over Right

SIDE ROCK & CROSS, STEP & CROSS, STEP BACK WITH ¼ TURN, WALK, WALK

- 1 – 2 & 3 Rock Right To Side, Recover Onto Left, Cross Right Behind Left (&), Cross Left Over Right
4 & 5 Step Right To Side, Step Left To Side (&), Cross Right Over Left
6 – 7 – 8 Step Back On Left Making ¼ Turn Right, Walk Forward On Right, Walk Forward On Left (3 O'Clock)

ROCK & SHUFFLE ½ TURN, ROCK & SHUFFLE ½ TURN

- 1 – 2 Rock Forward On Right, Recover Onto Left
3 & 4 Shuffle ½ Turn Stepping Right – Left – Right
5 – 6 Rock Forward On Left, Recover Onto Right
7 & 8 Shuffle ½ Turn Stepping Left – Right – Left

RESTART: Begin Dance Again After 1st 16 Counts On Wall 4 (This Now Becomes Wall 5) (3 O'Clock)
Begin Dance Again After 1st 16 Counts On Wall 8 (This Now Becomes Wall 9) (6 O'Clock)

TAGS & RESTARTS:

On Wall 9 There Is A 16 Count Tag With A Restart That Comes In After 1st 16 Counts
(This Now Becomes Wall 10) (6 O'Clock)

TAG 1:

- 1-4 Right To Side, Recover Onto Left, Step Right Next To Left, HOLD
5–6–7&8 Rock Right To Side, Recover Onto Left, Cross Shuffle Stepping Right – Left – Right

1–2–3&4 Rock Left To Side, Recover Onto Left, Cross Shuffle Stepping Left – Right – Left
5-8 Rock Right To Side, Recover Onto Left, Step Right Next To Left, HOLD

TAG 2: This Comes In At The End Of Wall 11 (Facing 12 O'Clock)

- 1–2–3&4 Rock Right To Side, Recover Onto Left, Cross Shuffle Stepping Right – Left – Right
5 6–7&8 Rock Left To Side, Recover Onto Left, Cross Shuffle Stepping Left – Right – Left