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And In Between

**INTERMEDIATE** 

64 Count 2 Walls

Choreographed by: Pam Coles
Choreographed to: From Time To Time by Rascal Flatts

Step Forward, Pivot 1/2 Turn, Forward Shuffle, 1/4 Turn Step, Together, Chasse. 1 - 8 1 - 2 Step right forward. Pivot 1/2 left. Step forward right . Close left beside. Step forward right 3 & 4 1/4 turn right stepping left to left side. Step right beside left. 5 - 6 7 & 8 Step to left side. Close right beside left. Step left to left side. 9 - 16 Step Forward, Together, Sailor 1/4 Turn, Step Forward Together, Sailor 1/2 Turn 1 - 2 Step forward right, Step left beside right. Cross right behind left. 1/4 turn right stepping left to left side. Step right beside left. 3 & 4 Step forward left. Step right beside left. 5 - 6 Cross left behind right. 1/2 turn left stepping right to right side. Step left beside right. 7 & 8 17 - 24 Side, Together, Forward shuffle, Side, Together, Chasse. 1 - 2 Step right to right side. Step left beside right. Step forward right. Close left beside right. Step right forward. 3 & 4 Step left to left side. Step right beside left 5 - 6 Step left to left side. Close right beside left. Step left to left side. 7 & 8 25 - 32 Cross Rock, 1/4 Turn Right Forward Shuffle, Walk Fwd, Walk Fwd, Forward Mambo. 1 - 2 Cross rock right over left. Recover onto left. 1/4 turn right stepping forward right. Close left beside right. Step right forward. 3 & 4 Walk forward left. Walk forward right 5 - 6 7 & 8 Rock forward on left. Rock back on right. Step back on left. 33 - 40 Walk Back, Walk back, 1/2 Turn forward shuffle, Pivot 1/4, Cross Shuffle. 1 - 2 Walk back on right. Walk back on left. 3 & 4 Stepping back on right 1/2 turn right. Close left beside right. Step forward right. 5 - 6 Step left forward. Pivot 1/4 right. Cross left over right. Step right to right side. Cross left over right. 7 & 8 41 - 48 Side Rock, Behind Side Cross, Side Rock, 1/4 Turn Coaster Step. 1 - 2 Rock right to right side. Recover onto left. 3 & 4 Step right behind left. Step left to left side. Cross right over left. 5 - 6 Rock left to left side. Recover on right. 1/4 turn left stepping back on left. Step right beside left. Step left forward. 7 & 8 49 - 56 Pivot 1/2 Turn, 1/4 Turn Chasse, Back Rock, Chasse. 1 - 2 Step forward right. Pivot 1/2 turn left. 3 & 4 1/4 turn left stepping right to right side. Close left beside right. Step right to right side. 5 - 6 Rock left behind right. Recover onto right. 7 & 8 Step left to left side. Close right beside left. Step left to left side. 57 - 64 Cross Rock, 1/4 turn Right Forward Shuffle. Forward Rock. 1/4 Turn Left Chasse. Cross rock right over left. Recover onto left. 1 - 2 3 & 4 1/4 turn right Stepping forward right. Close left beside right. Step forward right.

1/4 left steping left to left side. Close right beside left. Step left to left side.

Rock forward on left. Recover onto right.

5 - 6

7 & 8