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La Isla Bonita

48 count, 4 wall, intermediate level

Choreographer: Lina Choi (HK) July 2003

Choreographed to: La Isla Bonita by Madonna, The Immaculate Collection

32 count intro

SECTION 1 RIGHT SAILOR STEP, LEFT SAILOR STEP, RIGHT FORWARD MAMBO, LEFT BACK MAMBO

- 1 & 2 Cross right behind left, step left to left side, step right slightly forward
3 & 4 Cross left behind right, step right to right side, step left slightly forward
5 & 6 Rock right forward, recover weight on left, step right beside left
7 & 8 Rock left back, recover weight on right, step left beside right

SECTION 2 RIGHT FORWARD SIDE ROCK, LEFT FORWARD SIDE ROCK, ¼ TURN LEFT & CROSS & CROSS & CROSS

- 1 & 2 Step right forward across left, step left slightly to left side, rock onto right in place
3 & 4 Step left forward across right, step right slightly to right side, rock onto left in place
Arm movements: Count 1 Cross hands in front of chest
2 Left hand stretch forward and right hand to the right
3 Cross hands in front of chest
4 Right hand stretch forward and left hand to the left
5 & Step right forward, pivot ¼ turn left
6 & Cross right over left, step left to left
7 & 8 Cross right over left, step left to left, cross right over left

SECTION 3 LEFT SIDE MAMBO, RIGHT SIDE MAMBO, LEFT FORWARD SIDE ROCK, RIGHT FORWARD SIDE ROCK

- 1 & 2 Rock left to left side, recover weight on right, step left beside right
3 & 4 Rock right to right side, recover weight on left, step right beside left
5 & 6 Step left forward across right, step right slightly to right side, rock onto left in place
7 & 8 Step right forward across left, step left slightly to left side, rock onto right in place
Arm movements: Count 5 Cross hands in front of chest
6 Right hand stretch forward and left hand to the left
7 Cross hands in front of chest
8 Left hand stretch forward and right hand to the right

SECTION 4 LEFT SYNCOPATED ½ TURN LEFT, LOCK TRIPLE FORWARD, FULL TURN, RIGHT SIDE MAMBO

- 1 & 2 Step left forward, rock back to right make ½ turn left, step left forward
3 & 4 Step right forward, lock left behind right, step right forward
5 Make ½ turn right stepping back onto left
& Make ½ turn right stepping forward onto right
6 Step left forward
7 & 8 Rock right to right side, recover weight on left, step right beside left

SECTION 5 LEFT KICK BALL STEP x 2, PADDLE FULL TURN LEFT (4 PADDLE ¼ TURN LEFT)

- 1 & 2 Left kick across right, step left beside right, step right slightly to right
3 & 4 Repeat 1 & 2
5 Small step left to left side turning 1/4 to left, starting a left paddle turn
& Step right slightly behind left, step on ball of right foot
6 Replace weight to left foot continuing left turn
& Left paddle turn with right slightly behind left, step on ball of right foot
7 Replace weight to left foot continuing left turn
& Left paddle turn with right slightly behind left step on ball of right foot
8 Replace weight to left foot completing paddle turn

SECTION 6 RIGHT KICK BALL STEP x 2, PADDLE FULL TURN RIGHT (4 PADDLE ¼ TURN RIGHT)

- 1 & 2 Right kick across left, step right beside left, step left slightly to left
3 & 4 Repeat 1 & 2
5 Small step right to right side, turning ¼ to right, starting a right paddle turn
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- & Step left slightly behind right, step on ball of left foot
 - 6 Replace weight to right foot continuing right turn
 - & Right paddle turn with left foot slightly behind right, step on ball of left foot
 - 7 Replace weight to right foot continuing right turn
 - 8 Step left slightly to left, completing paddle turn
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