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Keep It Up

BEGINNER 32 Count

Choreographed by: Deborah Bates Choreographed to: Keep It Up by Mark Collie

1 - 2	VINE (PARTNER'S SWITCH SIDES), DIAGONAL HEEL TOUCHES MAN: Step to the right on right foot cross left foot behind right and step
	LADY: Step to the left on left foot; cross right foot behind left and step
3 - 4	/Release inside hands (man's right and lady's left).lady passes in front of MAN: Step to the right on right foot; touch left heel forward and diagonally to the left
	LADY: Step to the left on left foot; touch right heel forward and diagonally to the right
5 - 6	/Partners have now switched sides. Man takes up lady's right hand in his left MAN: Step left foot next to right; touch right heel forward and diagonally to the right
7 - 8	LADY: Step right foot next to left; touch left heel forward and diagonally to the left MAN: Step right foot next to left; touch left heel forward and diagonally to the
	left
	LADY: Step left foot next to right; touch right heel forward and diagonally to the right
9 & 10	FORWARD SHUFFLE, ROCK STEP, PIVOT, SIDE SHUFFLE MAN: Shuffle forward (left, right, left)
11 & 12	LADY: Shuffle forward (right, left, right) MAN: Shuffle forward (right, left, right)
13 - 14	LADY: Shuffle forward (left, right, left) MAN: Step forward on left foot; rock back onto right foot
&	LADY: Step forward on right foot; rock back onto left foot MAN: Pivot 1/4 turn to the left on ball of right foot
15 & 16	LADY: Pivot 1/4 turn to the right on ball of left foot MAN: Shuffle to the left (left, right, left)
	LADY: Shuffle to the right (right, left, right)
	/Release hands (man's left and lady's right)
	BOOGIE WALK BACK, FORWARD SHUFFLES (PARTNER'S SWITCH SIDES)
17 - 18	/During counts 17 - 20 raise hands to shoulder level and with each step shake hips and hands. Use some attitude. Have fun with it! MAN: Swivel left heel to the left and step back on right foot; swivel right heel to the right and step back on left foot
19 - 20	LADY: Swivel right heel to the right and step back on left foot; swivel left heel to the left and step back on right foot MAN: Swivel left heel to the left and step back on right foot; swivel right heel to the right and step back on left foot
21 & 22	LADY: Swivel right heel to the right and step back on left foot; swivel left heel to the left and step back on right foot MAN: Shuffle forward (right, left, right)
	LADY: Shuffle forward (left, right, left)
23 & 24	/Partners will pass each other, lady to the right of man, right shoulder to right shoulder MAN: Shuffle forward (left, right, left)

/Partners have now switched sides - man facing ILOD, lady facing OLOD

LADY: Shuffle forward (right, left, right)

25 - 26	VINE WITH 1/2 TURN, SCUFF, VINE WITH 1/4 TURN, SCUFF MAN: Step to the right on right foot; cross left foot behind right and step
27 - 28	LADY: Step to the left on left foot; cross right foot behind left and step MAN: Step 1/4 turn to the right on right foot, pivot 1/4 turn to the right on ball of right foot and scuff left foot next to right
	LADY: Step 1/4 turn to the left on left foot; pivot 1/4 turn to the left on ball of left foot and scuff right foot next to left
	/Partners now facing each other. Man facing OLOD, lady facing ILOD
29 - 30	/Man takes up lady's left hand in his right MAN: Step to the left on left foot, cross right foot behind left and step
31 - 32	LADY: Step to the right on right foot; cross left foot behind right and step MAN: Step 1/4 turn to the left on left foot; scuff right foot next to left
	LADY: Step 1/4 turn to the right on right foot, scuff left foot next to right
	/Partners back in right open promenade position holding inside hands (man's right and lady's left)
	REPEAT

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