

American



STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 - 3 4 5 - 6 & 7 - 8	Walk Forward, Kick, 1/4 Turn Left into Syncopated Vine Left. Step forward right. Step forward left. Step forward right. Kick left diagonally forward left (angle body left). Completing 1/4 turn left step left to left side. Cross right behind left. Step left to left side. Cross right over left. Step left to left side.	Right Left Right Kick Turn. Behind. & Cross. Side.	Forward Turning left Left
Section 2 1 - 2 & 3 & 4 5 - 6 7 & 8	Cross, Touch Behind, & Kick & Cross, 1/2 Turn Right, 1/4 Turn Sailor Step. Step right across front of left (body angled left). Tap left behind right heel. Step back on left. Kick right forward. Step back on right. Cross left over right. Step right 1/4 turn right. Make 1/4 turn right stepping left to left side. Cross right behind left making 1/4 turn right. Step left back. Cross right over left.	Cross Tap & Kick & Cross Right Turn Sailor Step Cross	On the spot Right Turning right On the spot
Section 3 1 - 2 & 3 - 4 5 - 6 & 7 & 8	Syncopated Vine Left, Cross Touch, & Kick & Cross. Step left to left side. Cross right behind left. Step left to left side. Cross right over left. Step left to left side. Step right across front of left (body angled left). Touch left behind right heel. Step back on left. Kick right forward. Step back on right. Cross left over right.	Side Behind & Cross Side Cross Tap & Kick & Cross	Left On the spot Right
Section 4 1 - 2 3 & 4 5 - 7 & 8	1/4 Turn, 1/2 Turn, Coaster Step, Walk Forward, 1/4 Turn Low Kick. Step right 1/4 turn right. Make 1/2 turn right stepping back onto left. Step back right. Step left beside right. Step forward right. Step forward left. Step forward right. Step forward left. Step forward on right making 1/4 turn right. Kick left low kick to left side.	Turn Turn Coaster Step Left Right Left Turn Kick	Turning right On the spot Forward Turning right
Section 5 1 - 2 3 & 4 5 - 6 7 & 8	Cross 1/2 Turn into Chasse Left, Cross Rock, Chasse Right. Cross left over right. Make 1/4 turn left stepping back onto right. Make 1/4 turn left stepping left to left side. Step right beside left. Step left to left side. Cross rock right over left. Rock back onto left. Step right to right side. Close left beside right. Step right to right side.	Cross Turn Turn Close Side Cross Rock Side Close Side	Turning left Left On the spot Right
Section 6 1 - 2 3 - 4 5 - 6 7 - 8	Modified Jazz Box, Side Left, Touch, Side Right, Touch. Cross left over right. Step back on right. Step left back on left diagonal. Cross right over left. Step left to left side. Touch right in place. Step right to right side. Touch left in place.	Cross Back Step Cross Side Touch Side Touch	Back Left Left Right
Section 7 1 - 2 3 - 4 5 & 6 7 & 8	Side Hold (with hand throw), 1/4 Right, 1/4 Right, Right Sailor, Left Sailor. Step left to left side. Hold and looking left throw hands to left. Step right 1/4 turn right. Make 1/4 turn right stepping left to left side. Cross right behind left. Step left beside right. Step right to right side. Cross left behind right. Step right beside left. Step left forward.	Side Hold Turn Turn Right Sailor Left Sailor	Left Turning right On the spot
Section 8 1 - 2 3 - 4 5 - 6 7 - 8	Walk Forward, 1/2 Pivot Left, Forward Touch, Back Touch. Step forward right. Step forward left. Step forward right. Pivot 1/2 turn left. Step forward right. Touch left behind right. Step back left. Touch right in front of left.	Right Left Step Pivot Forward Touch Back Touch	Forward Turning left Forward Back
Tag 1 - 2 3 - 4	When using 'Shake Your Groove Thing' add this tag once at end of 1st wall. Step forward right. Touch left behind right. Step back left. Touch right in front of left.	Forward Touch Back Touch	Forward Back

1 Wall Line Dance: - 64 Counts. Intermediate.

Choreographed by:- Michele Burton (USA) June 2002.

Choreographed to:- 'Shake Your Groove Thing' by Peaches & Herb (128bpm) from The Best of Peaches & Herb (32 count intro).

(Use cut No.1, fade at 3:54).

Music Suggestions:- 'Just Like A Rodeo' by Roger Brown, 'Going Back To Louisiana' by Delbert McClinton (120bpm).