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## Just Do It!!

### BEGINNER

56 Count 4 Walls

Choreographed by: Jacquelyn Morrow & Jamie Phillips

Choreographed to: Bury The Shovel by Clay Walker

#### HEEL JACK, STEP, TOUCH

& 1 - 2 Step back onto left foot, present right heel forward, hold for one beat.

#### /When presenting right heel lean back for styling.

& 3 - 4 Step onto right foot in home position, touch left toe next to right foot, hold for one beat.

#### HEEL JACK, STEP, TOUCH

& 5 - 6 Repeat &1-2

& 7 - 8 Repeat &5-6

#### STEP/SQUAT, STRAIGHTEN

9 & 10 Step onto left foot to left side bending knees and squatting slightly, straighten body, bend knees and squat slightly.

& 11 Repeat &10.

& 12 Repeat &11.

#### HIP AND SHOULDER BUMPS

##### /Feet are still apart

13 - 14 Bump hips and shoulders to right, bump hips and shoulders to left.

15 & 16 Bump hips and shoulders right, left, right.

#### HIP AND SHOULDER BUMPS

##### /Feet are still apart

17 - 18 Bump hips and shoulders to left, bump hips and shoulders to right.

19 & 20 Bump hips and shoulders left, right, left.

#### TURNING HEEL TAPS AND SWIVELS

##### /Feet are still apart, bend at knees and squat slightly. A total of 1/4 turn to right will be made with these steps.

& 21 & 22 Lift heels off floor, tap heels on floor, pivoting slightly to left lift heels off floor, tap heels on floor.

& 23 & 24 Pivoting slightly to left lift heels off floor, tap heels on floor, pivoting slightly to left lift heels off floor, tap heels on floor.

#### SYNCPATED ROCK/STEPS

& 25 Transfer weight to left foot and lift right knee, cross right over left and rock forward onto right foot.

& 26 Step back (replace weight) onto left foot, rock forward (replace weight) onto right foot.

& 27 Lift left knee, cross left over right and rock forward onto left foot.

& 28 Step back (replace weight) onto right foot, rock forward (replace weight) onto left foot.

#### ROGER RABBIT STEPS

& 29 Skip back on left foot extending right leg back, cross right behind left in a lock step bending knee.

& 30 Skip back on right foot extending left leg back, cross left behind right in a lock step bending knee.

& 31 Skip back on left foot extending right leg back, cross right behind left in a lock step bending knee.

& 32 Rock forward (replace weight) onto left foot, step back (replace weight) onto right foot.

& 33 Skip back on right foot extending left leg back, cross left behind right in a lock step bending knee.

& 34 Skip back on left foot extending right leg back, cross right behind left in a lock step bending knee.

& 35 Skip back on right foot extending left leg back, cross left behind right in a lock step bending knee.

& 36 Rock forward (replace weight) onto right foot, step back (replace weight) onto left foot.

#### EASIER VARIATION FOR ROGER RABBIT STEPS

29 - 30 Cross right behind left and step, cross left behind right and step.

31 & 32 Cross right behind left and step, rock forward (replace weight) onto left foot, step back (replace weight) onto right foot.

33 - 34 Cross left behind right and step, cross right behind left and step.

35 & 36 Cross left behind right and step, rock forward (replace weight) onto right foot, step back (replace weight) onto left foot.

### **HIP ROLLS**

- 37 - 38 Step forward onto right foot, pivoting on the soles of both feet and with a hip roll to the left make a 1/4 turn to left transferring weight to left foot.
- 39 - 40 Step forward onto right foot, pivoting on the soles of both feet and with a hip roll to the left make a 1/8 turn to left transferring weight to left foot.
- 41 - 42 Step forward onto right foot, pivoting on the soles of both feet and with a hip roll to the left make a 1/8 turn to left transferring weight to left foot.
- & 43 & 44 Roll hips to the left (right, left, right, left) ending with weight on left foot.

### **KICK, TOGETHER, FAN**

- 45 & Kick right foot forward, bend knee and swing right foot back.
- 46 & Step onto right foot next to left and immediately pivoting on both heels fan toes up and out, fan toes together and to floor transferring weight to right foot.
- 47 & Kick left foot forward, bend knee and swing left foot back.
- 48 & Step onto left foot next to right and immediately pivoting on both heels fan toes up and out, fan toes together and to floor transferring weight to left foot.

### **KICK, TOGETHER, FAN**

- 49 & Repeat 45&.
- 50 & Repeat 46&.
- 51 & Repeat 47&.
- 52 & Repeat 48&.

### **STAMP, STAMP, TURN HEAD, SHRUG SHOULDERS**

- 53 - 54 Stamp forward onto right foot, stamp left foot opposite right (shoulder width apart).
- 55 & 56 Turn head to right, shrug shoulders, rest shoulders.

### **REPEAT**