

Just 1 Dance

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64 Count, 2 Wall, Improver Choreographer: Gemma Wear and Hayley Argyle (UK) April 2010 Choreographed to: Just One Dance by Caro Emerald

32 Count Intro

Section 1	Toe struts x2, rock forward, coaster step
1-2	Touch right toe forward, drop right heel,
3-4	Touch left toe forward, drop left heel,
5-6	Rock forward on right, recover back on left
7&8	Step Back on right, step left beside right, step right forward.
Option:	counts 7&8 can be replaced by a triple full turn
Section 2	Cross points x2 jazz box ¼ turn touch
1-2	Cross left over right, point right to right side,
3-4	Cross right over left, point left to left side,
5-6	Cross left over right, step back on right,
7-8	Step left to left side making ¼ turn left, touch right beside left. [9:00]
Section 3	Step kicks x2, Chasse rock back
1-2	Step right to right side, kick left across right,
3-4	Step left to left side, kick right across left,
5&6	step right to right side, step left beside right, step right to right side,
7-8	Rock back on left, recover forward on right. [9:00]
Section 4	Step kicks x2, chasse rock back
1-2	Step left to left side, kick right across left,
3-4	Step right to right side, kick left across right,
5&6	Step left to left side, step right beside left, step left to left side,
7-8	Rock back on right, recover forward on left. [9:00]
Section 5	Monterey ½ with holds, rocking chair
1-2	Point right to right side, hold,
&3-4	Bring right foot in, making ½ turn right, point left to left side, hold,
&5-6	Bring left foot in next to right, rock forward on right, recover on left,
7-8	Rock back on right, recover forward on left. [3:00]
Option:	Counts 5-8 can be replaced with 2 pivot half turns over left shoulder
Section 6	Cross side, syncopated weave, side rock syncopated weave
1-2	Cross right over left, step left to left side,
3&4	Cross right behind left, step left to left side, cross right over left,
5-6	Rock left to left side, recover right to right side,
7&8	Cross left behind right, step right to right side, step forward on left making a ¼ turn right. [6:00]
Restart He	Fre wall 2, you will be facing 12:00
Section 7	Kick ball cross x2, side rock, weave
1&2	Kick right to right diagonal, step right beside left, cross left over right,
3&4	Kick right to right diagonal, step right beside left, cross left over right,
5-6	Rock right to right side, recover left to left side,
7&8	Cross right behind left, step left to left side, cross right in-front of left. [6:00]
Option:	Counts 7&8 can be replaced with a triple full turn.
Section 8	Kick ball cross x2 side rock, weave
1&2	Kick left to left diagonal, step left beside right, cross right over left,
3&4	Kick left to left diagonal, step left beside right, cross right over left,
5-6	Rock left to left side, recover right to right side,
7&8	Cross left behind right, step right to right to right side, cross left over right.[6:00]
Option:	Counts 7&8 can be replaced with a triple full turn
Restart! :	Wall 2 at end of section 6.
Tag! :	At end of wall 5, you will be facing 6:00 Step right to right side for count 1; drag left in for 3 counts. Transfer weight to left foot.