STEPPIN'OFF



THEPage



Approved by:



4 WALL - 32 COUNTS - INTERMEDIATE			
STEPS	Actual Footwork	CALLING SUGGESTION	Direction
Section 1	Side, Slide, Together, Cross, 3/4 Turn, Run Forward		
1 - 2	Step left long step to left side. Slide right towards left.	Side Slide	Left
3 - 4	Step right beside left. Cross left over right.	Together Cross	On the spot
5 - 6	Make 1/4 turn left stepping back on right. Make further 1/2 turn left on ball of right.	Quarter Half	Turning left
7 - 8	Step left forward. Step right forward.	Left Right	Forward
Section 2	Mambo Rock, 1/4 Turn, Step, Hold, 1/2 Turn x 2		
1 - 3	Rock forward on left. Hold. Recover back onto right.	Mambo Rock	On the spot
4	Make 1/4 turn left stepping left forward	Turn	Turning left
5 - 6	Step right forward. Hold.	Step Hold	Forward
7 - 8	Make 1/2 turn right stepping left back. Make 1/2 turn right stepping right forward.	Full Turn	Turning right
Section 3	Step, Hold, Step, 1/2, Turn x 2, Slide, Partial Coaster Step		
1 - 4	Step left forward. Hold. Step right forward. Pivot 1/2 turn left.	Step Hold Step Pivot	Turning left
5 - 6	Make 1/2 turn left stepping right long step back. Slide left beside right.	Turn Slide	
7 - 8	Step left back. Step right beside left.	Back Together	On the spot
Section 4	Complete Coaster Step, Hold, Forward Rock, 1/4, Hold, Cross, 1/4 (+ 1/4)		
1 - 4	Step left forward. Hold. Rock forward on right. Recover back onto left.	Step Hold Rock Step	On the spot
5 - 6	Make 1/4 turn right stepping right to right side. Hold.	Turn Hold	Turning right
7 - 8	Cross left over right. Make 1/4 turn left stepping right back.	Cross Turn	Turning left
Note	At end of each wall make further 1/4 turn left to begin dance again stepping long step left.		
Restart	During wall 7 replace steps 1-4 as below (facing 6:00) begin again without extra 1/4 turn.		
(1 - 4)	Step left forward. Hold. Step right forward. Hold.		
Tag	Danced at ends of Wall 2 (facing 6:00) and Wall 5 (facing 9:00): Hipsways		
1 - 4	Sway hips left (2 counts). Sway hips right (2 counts).	Sway Left Sway Right	On the spot

Choreographed by: Cato Larsen (NO) May 2008

Choreographed to: 'Am I Supposed To Love Again' by Veronica Akselsen (110 bpm)

from CD MGP 2008, available from www.cdon.com (32 count intro)

Tag: A 4-count Hipsway tag is danced at the end of Wall 2 and end of Wall 5

Restart: During Wall 7, see notes in section 4



A video clip of this dance is available at

www.linedancermagazine.com