

J S Soul 32 count, 4 wall, beginner/intermediate level

Choreographer: Michele Perron (Can) Sept 2004

Choreographed to: Don't Be Silly by Jon Secada

(106 bpm)

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32 Count Introduction

(1-8) BACK, TOUCH, BACK, TOUCH, HOLD, &-FORWARD, FORWARD, TURN

- 1 RIGHT Step diagonal back R
- 2 LEFT Toe/Touch diagonal L forward (L hand 'rolls/circles' down to 'flexed' hand position,
- palm down) [head looks L]
- 3 LEFT Step diagonal back L
- 4 RIGHT Toe/Touch diagonal forward R (R hand 'rolls/circles' down to 'flexed' hand position, palm down) [head looks R]
- 5 HOLD
- &,6 RIGHT Step back; LEFT Step forward
- 7,8 RIGHT Step forward; Execute 1/2 Turn L with LEFT Step forward (6 o'clock)

(9-16) TURN/BACK, HOLD/ARMS, TOGETHER/FORWARD, FORWARD, TURN, ACROSS, TOUCH_TOGETHER_TOUCH

1 Execute 1/2 Turn L with RIGHT Step back (12 o'clock)

- (Arms: 'Prep': L & R arms forward as you step back)
- 2 HOLD with Arm Action: Bend R elbow and pull R arm back, L arm is forward, both shoulder height] (like bow and arrow action)
- &,3 LEFT Step beside R; RIGHT Step forward
- 4 LEFT Step forward
- 5 Execute 1/4 Turn R with RIGHT Step side R (3 o'clock)
- 6 LEFT Step across front of R
- 7&8 RIGHT Touch side R; RIGHT Step beside L; LEFT Touch side L

(17-24) ACROSS, SIDE-RECOVER-ACROSS, TURN/BACK, ROCK-RECOVER-HITCH, HIP WALK, HIP WALK

- 1,2 LEFT Step across front of R; RIGHT Rock/Step side R
- &,3 LEFT Recover/Step side L; RIGHT Step across front of L
- 4 Execute 1/4 Turn R with LEFT Step back (6 o'clock)
- 5,& RIGHT Rock/Step back; LEFT Recover/Step forward
- 6 RIGHT Knee Hitch across front of L knee (L knee bends)
- 7,8 RIGHT 'Hip' walk forward *; LEFT 'Hip' walk forward *

* Hip Walk: Push 'hip' forward as you step diagonal forward

Restart: On third rotation, you will dance to Count 24, Sec.III. then restart facing 12 o'clock wall.

(25-32) FORWARD, FORWARD, TURN, AND-TOGETHER, 'BUMP', FORWARD, FORWARD TURN, TRIPLE L

- 1,2 RIGHT Step forward; LEFT Step forward
- & Execute 1/2 Turn R with RIGHT Step forward (12 o'clock)
- 3 LEFT Step beside R and bend both knees
- 4 BUMP Hips back as you straighten knees
- 5,6 RIGHT Step forward; LEFT Step forward
- & Execute 1/4 Turn R with RIGHT Step side (3 o'clock)
- 7&8 LEFT Triple Step 'in place' ('first' foot position)

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