



I've Lost

32 count, 4 wall, Beginner level

Choreographer : C & K @ Double C Stompers

(Scotland) January 2001

Choreographed to : I've Loved & Lost Again by Patsy Cline

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ROCK, CROSS SHUFFLE, ROCK, CROSS SHUFFLE

- 1-2 Rock to right on right, recover on left
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 Rock left to left side, recover on right
- 7&8 Cross left over right, step right to right side, cross left over right

3/4 TURN LEFT, RIGHT SHUFFLE FORWARD, STEP LEFT, 1/4 TURN RIGHT, CROSS SHUFFLE

- 9-10 Step right to right side making 1/4 turn left, pivot 1/2 left on right stepping down on left
- 11&1 Step forward right, step left beside right, step forward right
- 13-14 Step forward left, pivot 1/4 turn right (weight on right)
- 15&16 Cross left over right, step right to right side, cross left over right

CHASSE RIGHT, ROCK BACK L, ROCK FORWARD L, 1/2 TURN L SHUFFLE

- 17&18 Step right to right side, close left next to right, step right to right side
- 19 – 20 Rock back onto left, recover on right
- 21-22 Rock forward on left, recover back on right
- 23&24 1/2 left stepping left right left

ROCK, 3/4 TURN R SHUFFLE, ROCK, COASTER STEP

- 25 -26 Rock forward onto right, recover on left
- 27-28 3/4 turn right stepping right, left, right
- 29-30 Rock forward on left, recover on right
- 31&32 Step left back, step right to left, step forward left

BEGIN AGAIN

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