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2 Lonely Arms \& Lips
68 Count, 2 Wall, Intermediate Choreographer: John Warnars (NL) October 2010 Choreographed to: Two Arms, Two Lips, Too Lonely, Too Long by Teea Goans,
CD: The Way I Remember It (125bpm)

36 count intro
RIGHT SIDE SHUFFLE, ROCK BACK, RECOVER, WEAVE LEFT;

1
\&
2
3
4
RF Step to right side
LF Step next to RF
RF Step to right side
LF Rock back
RF Rock back onto right
LF Step to left side
RF Step right behind left
LF Step to left side
RF Cross right over left
LEFT SIDE SHUFFLE, ROCK BACK, RECOVER, WEAVE RIGHT;
LF Step to left side
RF Step / beside Left
LF Step to left side
RF Step / rock back
LF Rock back onto left
RF Step to right side
LF Cross left behind right
RF Step to right side
LF Cross left over right
FIGURE EIGHT of GRAPEVINE;
RF Step to right side
LF Cross left behind right
RF Step $1 / 4$ turn right for (3)
LF Step forward
LF+ RF Make a $1 / 2$ turn right (9)
LF Step $1 / 4$ turn right side (12)
RF Step right behind left
LF Step $1 / 4$ turn left for (9)
ROCKING CHAIR, LEFT SHUFFLE, CROSS STEP, $3 / 4$ TURN RIGHT;
RF Step / rock forward
LF Rock back onto left
RF Step / rock back
LF Rock back on right
RF Step forward
LF Step next to RF
RF Step forward
LF Cross left over right
LF+RF Make a $3 / 4$ turn right (6)
RIGHT SIDE SHUFFLE, CROSS ROCK, RECOVER, WEAVE LEFT;
RF Step to right side
LF Step next to RF
RF Step to right side
LF Rock left over right
RF Rock back onto right
LF Step to left side
RF Cross right over left
LF Step to left side
RF Step right behind left
LEFT SIDE SHUFFLE, CROSS ROCK BACK, RECOVER, ¼ TURN RIGHT WEAVE;
LF Step to left side
RF Step / beside Left
LF Step to left side
RF Step / rock right behind left
LF Rock back onto left
RF Step to right side
LF Cross left behind right

| 7 | RF Step $1 / 4$ turn to right for (9) |
| :--- | :--- |
| 8 | LF Step forward |
|  |  |
|  | TOE HEEL STEPS with $1 / 2$ TURN, SIDE \& CROSS STEP; |
| 1 | RF Step with toes forwards |
| 2 | RF Drop heel down |
| 3 | LF Step left foot back a $1 / 2$ turn right (3) |
| 4 | LF Drop heel down |
| 5 | RF Step right foot $1 / 4$ turn right side |
| 6 | RF Drop heel down |
| 7 | LF Cross step left toe over RF |
| 8 | LF Drop heel down |
|  |  |
| $1 / 2$ MONTEREY TURN, SIDE SHUFFLE, ROCK BACK, RECOVER; |  |
| 1 | RF Touch right toe to right side |
| 2 | RF make a $1 / 2$ turn right on ball of LF \& close RF next LF (12) |
| 3 | LF Touch left toe to left side |
| 4 | LF Touch left toe beside right |
| 5 | LF Step to left side |
| $\&$ | RF Step / beside Left |
| 6 | LF Step to left side |
| 7 | RF Step / rock back |
| 8 | LF Rock back onto left |
|  |  |
| 1 | 1/4 TURN KICK BALL CHANGE 2X; |
| 1 | RF Kick forward |
| $\&$ | RF Step / closes next to left with $1 / 4$ turn left (9) |
| 2 | LF step next to RF |
| 3 | RF Kick forward |
| $\&$ | RF Step / closes with $1 / 4$ turn left beside left (6) |
| 4 | LF Step next to RF |
| 1 | Start again |
|  |  |

