

It's My Life Barry Quato



INTERMEDIATE/ADVANCED

Section 1 Hip Roll, Step, Hip Roll, Touch, Hip Roll, Step, Hip Roll, Step. 1 Roll right hip out to right side stepping down on right (angle body to 10.00). 2 Step left beside right. 3 · 4 Roll right hip out to right side stepping down on right. Touch left beside right. 5 Roll left hip out to left side stepping down on left (angle body to 2.00). 6 Step right beside left. 7 · 8 Roll left hip out to left side stepping down on left. Step right beside left. Hip Together 7 · 8 Roll left hip out to left side stepping down on left. Step right beside left. Section 2 Step Out, Out, In, Cross, Twists, 1/4 Turn, Walk, Walk, Pivot, Step. & 1 Step left out to left side. Step right out to right side. (Open body to centre). Out Out On the Step left in to centre. Cross right over left. In Cross 3 & 4 Twist heels Right, Left, Centre making 1/4 turn left. Turnin 5 · 6 Walk forward left. Walk forward right. 7 · 8 Pivot 1/2 turn left. Step right forward. Pivot Step Turnin	CTION
2 Step left beside right. 3 · 4 Roll right hip out to right side stepping down on right. Touch left beside right. 5 Roll left hip out to left side stepping down on left (angle body to 2.00). 6 Step right beside left. 7 · 8 Roll left hip out to left side stepping down on left. Step right beside left. Betting the side left of the side stepping down on left. Step right beside left. Section 2 Step Out, Out, In, Cross, Twists, 1/4 Turn, Walk, Walk, Pivot, Step. 8 1 Step left out to left side. Step right out to right side. (Open body to centre). Step left in to centre. Cross right over left. 1 In Cross 3 & 4 Twist heels Right, Left, Centre making 1/4 turn left. Twist & Turn Turnin 5 · 6 Walk forward left. Walk forward right. Pivot Step Turnin	
Roll right hip out to right side stepping down on right. Touch left beside right. Roll left hip out to left side stepping down on left (angle body to 2.00). Hip Left Step right beside left. Roll left hip out to left side stepping down on left. Step right beside left. Hip Together Hip Together Hip Together Section 2 Step Out, Out, In, Cross, Twists, 1/4 Turn, Walk, Walk, Pivot, Step. Step left out to left side. Step right out to right side. (Open body to centre). Step left in to centre. Cross right over left. Step left in to centre. Cross right over left. Twist heels Right, Left, Centre making 1/4 turn left. Walk forward left. Walk forward right. Pivot 1/2 turn left. Step right forward. Pivot Step Turnin	
Roll left hip out to left side stepping down on left (angle body to 2.00). Hip Left Step right beside left. Together Roll left hip out to left side stepping down on left. Step right beside left. Hip Together Section 2 Step Out, Out, In, Cross, Twists, 1/4 Turn, Walk, Walk, Pivot, Step. Step left out to left side. Step right out to right side. (Open body to centre). Out Out On the Step left in to centre. Cross right over left. Step left in to centre. Cross right over left. Twist & Turn Turnin 5 - 6 Walk forward left. Walk forward right. Walk Walk Forward 7 - 8 Pivot 1/2 turn left. Step right forward. Pivot Step Turnin	
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	ard
Section 2 Heal Too 1/4 Turn Chasse Whee Ball In Out 1/4 Turn Step 1/2 Bivet	ng left
Section 3 Heel, Toe, 1/4 Turn Chasse, Knee Roll In, Out, 1/4 Turn, Step 1/2 Pivot.	
1 Tap left heel forward, leaning back slightly. Heel On the	e spot
2 Tap left toe back, leaning forward slightly. Toe	
3 & 4 Make 1/4 turn left stepping onto left. Close right beside left. Step left to left side. Turn Chasse Turnin	ng left
5 Roll right knee in (use hips for styling.) In On the	e spot
6 Make 1/4 turn right rolling right knee out, stepping down onto right. Out Turnin	ng right
7 - 8 Step left forward. Pivot 1/2 turn right. Step Pivot	
Section 4 Push & Turn, Touch Forward, Side, Walks x2, Step 1/2 Pivot.	
1 & 2 Push out to left side on ball of left. Step right in place. Step left 1/2 turn left. Push & Turn Turnin	ng left
3 - 4 Touch right to right side. Touch right beside left. Front Side On the	e spot
5 - 6 Walk right forward. Walk left forward. Walk Walk Forward.	ard
7 - 8 Step right forward. Pivot 1/2 turn left. Step Pivot Turnin	ng left

4 Wall Line Dance: 32 Counts. Intermediate/Advanced.

Choreographed by:- Barry Amato (USA) January 2004.

Choreographed to:- 'It's My Life' (127 bpm) by No Doubt from 'The Singles 1992 - 2003' CD, 16 count intro.