Linedancer

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It's A Beautiful Life

Phrased, 64 Count, 4 Wall, Improver
Choreographer: Janine Rohrer (CH) Nov 2013
Choreographed to: Bella Vita by DJ Antoine

Sequence: A A Restart B A A Restart A A B A A Restart A A A

Part A

1-8 Out, Out, 1/8 Turn Back, Coaster Step, Lock Step Forward, Side Rock with 1/8 Turn
&1,2 Right small step forward to right, left small step forward to left, right step back with 1/8 turn right
3&4 Left step back, step right next to left, step left forward (diagonal)
5&6 Step Right forward, look left behind right, step right forward
7,8 Step left to the left with 1/8 turn left (12.00), recover weight back to right

9-16 Cross Back, ¼ Turn Step Drag, Diagonal Step Touch, Diagonal Step Touch
1,2 Cross Left over Right, step back with right
3,4 Big step forward left with ¼ turn left, right drag and Touch right next to left
5,6 Big step right diagonal forward right, left drag and touch left next to right
7,8 Big step left diagonal forward left, right drag and touch right next to left
Restart at this point at Wall 2, Wall 5, Wall 10

17-24 Side Rock, ¼ Right Coaster Step, Walk, Walk, ¼ Right, Touch
1, 2 Rock right to right, recover weight left
3&4 Cross right behind left with ¼ turn right, step left next to right, step forward right
5,6 Step forward left, step forward right
7,8 Step left to the side with ¼ turn right, touch right next to left

25-32 Cross Rock Side L&R, Step with ½ Turn, Step with ½ Turn, Walk, Walk
1&2 Cross right for left, recover weight left, step right to right
3&4 Cross left for right, recover weight right, step left to left
5, 6 Make ½ turn left with stepping right back, make ½ turn left with stepping left forward
7, 8 Step right forward, step left forward

Part B

1-8 Step, ¼ Touch, ¼ Step forward, Together, Step, ¼ Touch, ¼ Step forward, Together
1, 2 Step right forward, touch left next to right with ¼ turn left
3, 4 Step left forward with ¼ turn left, touch right next to left
5, 6 Step right forward, touch left next to right with ¼ turn left
7, 8 Step left forward with ¼ turn left, touch right next to left
Arm Styling: Count 1,3,5,7: Raise arms to shoulder level and make fist
Count 2,4,6,8: Pull elbows back and push chest forward

9-16 Coaster Step, Side Rock Cross 2x L&R, Touch, Hip, Hip
1&2 Step right back, step left next to right, step right forward
3&4 Rock left to left side, recover weight right, cross left for right
5&6 Rock right to right side, recover weight left, cross right for left
7&8 Touch left to left side, hips to the left, hips to the right

17-24 Chasse L, Back Rock, Step Touch with ¼ Turn, Step Touch
1&2 Step left to left, right next to left, step left to left
3, 4 Rock right behind left, recover weight to left
5&6 Big step right with right, bend both knee, touch left next to right with ¼ turn right
7&8 Big step left, bend both knee, touch right next to left

25-32 Step ½ Turn L, Step Point, Step Point, Step ½ Turn L
1,2 Step right forward, ½ turn left on spot
3, 4 Step right to right, point left on spot
5, 6 Step left to left, point right on spot
7,8 Step right forward, ½ turn left weight on left