

It Keeps Hurtin' Since You've Gone

32 Count, 4 Wall, Improver

Choreographer: Peter Thijssen (NL) Dec 2008

Choreographed to: It Keeps Right On Hurtin' by

Billy Joe Royal, CD: Greatest Hits

(120 bpm)

16 count intro, start on vocals

- Section 1** **1/4 TURN RIGHT, HOLD, 1/2 TURN RIGHT, HOLD,
ROCK BACK, RECOVER, SHUFFLE FORWARD**
1 - 8
1 - 2 1/4 turn right on right, hold [03:00]
3 - 4 1/2 turn right and left step back, hold [09:00]
5 - 6 Rock right back, recover onto left
7 & 8 Step right forward, step left next to right, step right forward
- Section 2** **1/4 TURN RIGHT, TOE TOUCH, 1/4 TURN RIGHT, TOE TOUCH,
STEP FORWARD, SWEEP 1/2 TURN LEFT INTO A SHUFFLE FORWARD**
9 - 16
1 - 2 1/4 turn right and left step back, toe touch right next to left [12:00]
3 - 4 1/4 turn right and right step to side, toe touch left next to right [03:00]
5 - 6 Step forward on left, sweep right 1/2 turn left (weight stays on left) [09:00]
7 & 8 Step right forward, step left next to right, step right forward
- Section 3** **ROCK FORWARD, RECOVER, SAILOR 1/4 TURN LEFT, HEEL TOUCHES
WITH 1/4 TURN LEFT, HEEL-BALL-CROSS**
17 - 24
1 - 2 Rock forward on left, recover onto right
3 & 4 Cross step left behind right, 1/4 turn left on right, step left to side [06:00]
5 & Touch right heel forward, step right back with 1/4 turn left [03:00]
6 & Touch left heel forward, step left next to right
7 & 8 Touch right heel forward, step right next to left, cross left over right
- Section 4** **SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE ROCK, RECOVER,
& TOGETHER, SIDE TOE TOUCH, & TOGETHER, HEEL TOUCH FORWARD,
& TOGETHER**
25 - 32
1 - 2 Rock right to right side, recover onto left
3 & 4 Cross step right over left, step left to left side, cross step right over left
5 - 6 Rock left toe left side, recover onto right
& 7 Step left next to right, toe touch right to right side
& 8 & Step right next to left, heel touch left forward, step left next to right

Ending to front wall:

The last time the dance starts at Wall 10 (facing 03:00)

Dance Section 1 and Section 2 and count 1 - 2 of Section 3, do then:

3 - 4 Step left next to right and spread out both arms (She's Gone) (= The End)
