

Indy's Zumba

IMPROVER

Choreographed to: (Don't) Wake Me Up by Indy Lee

52 Count 4 Walls Choreographed by: Arne Stakkestad & Shauni Stakkestad

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sequence: AAA(chorus)BAA(chorus)BA(20)

Part A 1 - 8 Side, together, side, together, tripple stomp, rocking chair, together, heel swivels 1 & 2 & RF to right side, LF beside RF, RF to right side, LF beside RF 3 & 4 RF stomp beside LF, LF stomp beside RF, RF stomp beside LF LF rock forward, recover on RF, LF rock backwards, recover on RF 5 & 6 & 7 & 8 LF beside RF, swivel heels left, swivel heels right with 1/4 turn left (9H, weight on RF) 9 - 16 Shuffle 1/2 left, full turn, walk 1 & 2 1/4 left, LF to left side, RF beside LF, 1/4 left, LF forward (3h) 3 - 4 1/2 left, RF backwards, 1/2 left, LF forward step forward RF, LF, RF, LF (add some attitude) 5 - 8 17 - 24 Indy steps, touch forw, together, 1/2 left touch forw, together & 1 & 2 jump on LF and hitch right knee, RF beside LF, jump on RF and hitch Lknee, LF beside RF & 3 & 4 jump on LF and hitch right knee, RF beside LF, jump on RF and hitch Lknee, LF beside RF 5 - 6 RF sweep to touch forward, RF beside LF 7 - 8 1/2 left and LF sweep to touch forward, LF beside RF (9h) 25 - 32 1/2 left touch forw, together, side mambo steps 1 - 2 RF sweep to touch forward, RF beside LF 3 - 4 1/2 left and LF sweep to touch forward, LF beside RF (3h) RF rock to right side, recover on LF, RF beside LF 5 & 6 7 & 8 LF rock to left side, recover on RF, LF beside RF Part B after the 3th and 5th wall(chorus) 1 - 6 Pivots, step forw, stomp 1 - 2 RF forward, 1/2 left weight on LF (click fingers) RF forward, 1/2 left weight on LF (click fingers) 3 - 4 RF forward, stomp LF beside RF (weight on LF) 5 - 6 7 - 12 Side stomps, hip roll 1 - 2 RF stomp to right side (RHand on right thigh), LF stomp to left side (LHand on left thigh) 3 - 6 hip roll contra clockwise,4 counts, from Left to Right to Left (end with weight on LF) 13 - 20 4 shuffles forw, with bumps RF forward (hips right), LF beside RF (hips left), RF forward (hips right) 1 & 2 3 & 4 LF forward (hips left), RF beside LF (hips right), LF forward (hips left) 5 & 6 RF forward (hips right), LF beside RF (hips left), RF forward (hips right) 7 & 8 LF forward (hips left), RF beside LF (hips right), LF forward (hips left)