

Side, Behind, Right Chasse, Crossing Rock Steps.

- 1 - 2 Step Right To Right Side. Cross Left Behind Right.
3 & 4 Step Right To Right Side. Step Left Beside Right. Step Right To Right Side.
5 & 6 Cross Left Over Right. Rock Back Onto Right. Step Left Beside Right.
7 & 8 Cross Right Over Left. Rock Back Onto Left. Step Right Beside Left.
Note: Steps 5 - 8 Can Be Done With A Hip Hop Feel Or For A Low Impact
**Variation Replace With Toe Touches :- Touch Right Across Left.
Step Right Beside Left. Touch Left Across Right. Step Left Beside Right**

Side, Behind, Left Chasse, Crossing Rock Steps.

- 9 - 10 Step Left To Left Side. Cross Right Behind Left.
11 & 12 Step Left To Left Side. Step Right Beside Left. Step Left To Left Side.
13 & 14 Cross Right Over Left. Rock Back Onto Left. Step Right Beside Left.
15 & 16 Cross Left Over Right. Rock Back Onto Right. Step Left Beside Right.
Note: Steps 13 - 16 Can Be Done With A Hip Hop Feel Or For A Low Impact
**Variation Replace With Toe Touches :- Touch Left Across Right.
Step Left Beside Right. Touch Right Across Left. Step Right Beside Left**

4 X Step, Together With Hip Circles.

- 17 Step Forward Right.
18 Step Left Foot Together With Right. (right Heel To Left Instep)
19 - 24 Repeat Steps 17 - 18 Another 3 Times.
Note: With Each Step Circle Hips Anti-clockwise (left). Hips Will Go
Back And Around Each Time You Step Forward.

Rock Steps & 1/2 Pivot Turn, Rock Steps & 1/4 Pivot Turn.

- 25 & Rock Forward On Right Foot. Rock Back Onto Left.
26 & Rock Back On Right Foot. Rock Forward Onto Left.
27 - 28 Step Forward Right. Pivot 1/2 Turn Left.
29 & Rock Forward On Right Foot. Rock Back Onto Left.
30 & Rock Back On Right Foot Rock Forward Onto Left.
31 - 32 Step Forward Right. Pivot 1/4 Turn Left.
Note: The Rock Step In This Section Can Be Done With A Hip Hop Feel Or For
A Low Impact Variation :- Touch Right Forward. Touch Right Back.