

Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

Alright Mama

40 count, 4 wall, Intermediate level Choreographer: Patricia E. Stott (UK) Feb 2001 Choreographed to: That's Alright by Vince Gill,

Honeymoon in Vegas e-mail: emmerdale@cwcom.net

CDOSS	CNIAD	DACK	CNIAD	SIDE	DOCK	FORWARD	v	2
CRUSS,	SINAP	,DAUN,	SINAP.	, שעוכ	RUCN,	FURWARD	Λ	_

1& 2&	Cross right over left, snap fingers, back on left, snap fingers
3 & 4	Rock right to right, rock in place on left, step forward on right
5 - 8	Repeat steps 1 – 4 commencing with left foot

FORWARD ROCK, BACK ROCK, 3/4 TURN

9 & 10 &	Rock forward on right, replace weight on left, rock back on right, replace
	weight forward on left
11 & 12	Turning ¾ to right overall –turn ¼ to right and step forward on right, turn ¼ to
	right and step to the side on ball of left foot, turn 1/4 to right and transfer

weight forward onto right foot

FORWARD, ROCK, SIDE, ROCK, BACK, ROCK, STEP TO SIDE

13 &	Rock forward on left foot, recover onto right
14 &	Rock left to left side, recover onto right
15 &	Rock back onto left foot, recover onto right
16	Step left foot to side

HEEL BOUNCES, PIVOT 1/2, PIVOT 1/4 SWIVEL HEELS

17 - 18	bend knees slightly – raise heels and turn 1/8 to right, lower heels (17)
	raise heels and turn 1/8 to right and lower heels (18)
19 & 20	3 Heel bounces to left turning ½ to left overall
21 - 22	step forward on right, pivot ½ to left, transfer weight forward onto left
23 & 24	Step forward on right, turning 1/4 to left -swivel both heels to the right and
	straighten up as you complete the turn

TOE, HEEL, STEP, SHUFFLE FORWARD, MAMBO ROCK,

	TEL , OHOLLE L'OKWARD, MAMBO ROOK,
25 & 26	With knee turned in – tap right toe next to left, with knee turned out – tap
	right heel next to left, step forward on right
27 & 28	Shuffle forward – left, right, left
29 & 30	Rock forward on right, recover on left, close right to left

LOCK STEP BACK, ½ TURN RIGHT, LOCK STEP FORWARD, MAMBO ROCK

	_ = _ / := _ =
31 & 32	Step back on left, cross right foot over left, step back on left
&	Weight on left pivot ½ to right hooking right foot in front of left leg
33 & 34	Forward on right, lock left behind right, forward on right
35 & 36	Rock forward on left, recover onto right, close left to right

SWIVET'S

37 &	With weight on heel of left and ball of right – turn both toes to left, straighten up
38 &	With weight on heel of right and ball of left – turn both toes to right, straighten up
39 &	With weight on heel of left and ball of right – turn both toes to left, straighten up
40 &	With weight on heel of right and ball of left – turn both toes to right, straighten up