| STEPS | ACTUAL FOOTWORK | CALLING SUGGESTION | DIRECTION |
| :---: | :---: | :---: | :---: |
| Section 1 <br> $1 \& 2$ <br> 3-4 <br> 5-6 <br> 7 \& 8 | Sailor Step, Back Rock, 1/4 Turn Back Rock, Cross Shuffle. <br> Step right behind left. Step left to left side. Step right to right side. <br> Rock back on left. Rock forward onto right. <br> Make $1 / 4$ turn right rocking left diagonally back left. Rock forward onto right. <br> Cross left over right. Step right to right side. Cross left over right. | Sailor Step <br> Back Rock <br> Turn Rock <br> Cross Shuffle | On the spot <br> Turning right <br> Right |
| Section 2 <br> 1-2 <br> 3-4 <br> 5-6 <br> 7-8 | Right, Flick, Left, Back Rock, Right, Flick, 1/4 Turn Left, Step. <br> Step right to right side. Flick left heel up behind right. <br> Step left to left side. Rock back on right. <br> Rock forward onto left. Step right to right side. <br> Flick left heel up behind right. Make $1 / 4$ turn left stepping left forward. | Right Flick <br> Left Back <br> Rock Side <br> Flick Turn | Right <br> Left <br> Right <br> Turning left |
| Section 3 <br>  <br>  <br> 3-4 <br> 5-6 <br> 7-8 | Toe Switches, Cross, Hitch, Cross, Tap, Step Back, Rock Back. <br> Touch right forward. Close right beside left. <br> Touch left forward. Close left beside right. <br> Cross right over left. Hitch left turning body to right diagonal. <br> Cross left over right. Tap right behind left. <br> Step back on right. Rock left back. |  <br>  <br> Cross Hitch <br> Cross Tap <br> Back Back | On the spot <br> Back |
| Section 4 <br> 1-2 <br> 3-4 <br> 5-6 <br> 7-8 | Recover, Step, 1/4 Pivot, Cross, 1/2 Turn Left, Cross, Side Step. <br> Recover forward onto right. Step left forward. <br> Pivot $1 / 4$ turn right. Cross left over right. <br> Make $1 / 4$ left stepping right back. Make $1 / 4$ left stepping left to left side. <br> Cross right over left. Step left to left side. | Rock Step <br> Turn Cross <br> Turn Turn <br> Cross Side | Forward <br> Turning right <br> Turning left <br> Left |

