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All Wound Up!

BEGINNER 32 Count Choreographed by: Todd Lescarbeau Choreographed to: Fifty-Fifty by Keith Stegall

& 1 - 2 - 3 4 & 5 6 - 7	ROCK-STEP, STEP, KICK, COASTER-STEP, STEP, KICK Rock back on right, step forward on left, step forward on right, kick left forward Step back on left, step back on right, step forward on left Step forward on right, kick left forward
8 & 1 2 & 3 4 & 5 6 - 8	MODIFIED COASTER-STEP, RIGHT & LEFT SAILOR-STEPS, 3/4 TURN RIGHT, KICK RIGHT Step back on left, step back on right, step forward on left as you turn 1/4 right Step back on right (slightly behind left), step left to side, step right beside left Step back on left (slightly behind right), step right to side, step left beside right Step back on right turning 1/4 right, turn 1/2 right stepping forward on left, kick right forward
1 - 4	STEP-SLIDE, HIP BUMPS LEFT & RIGHT, HIP ROLL Take a large step back on right, drag left foot back next to right. 3 beats
5 - 6 7 - 8	/Wiggle shoulders as you drag left foot back. Clap hands on beat 4 Bump hips left bending right knee inward, bump hips right Roll hips starting left and moving clock-wise 2 beats (weight should end on right leg)
1 2 & 3 4 5 - 6 & 7 & 8	STEP LEFT BEHIND RIGHT, SIDE-ROCK-CROSS, STEP LEFT TO LEFT, 3/4 TURN RIGHT, HEEL JACK Step left foot behind right foot Rock to side on right, recover on left, cross step right over left. (this will feel like a mambo rock) Step left to side Step back on right turning 1/4 right, turn 1/2 right stepping forward on left Quickly step right foot in place, tap left heel forward, quickly step left in place, touch right foot beside left
	/Be careful of the transition from dance end to beginning. The dance starts with a rock back on right, and ends with a "heel jack"

REPEAT

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