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**KICK & TOUCH FORWARD, ½ UNWIND LEFT, KICK & TOUCH, LOCK STEP FORWARD**

- 1&2 Kicking forward on right foot, step right foot back in place, touch forward on left foot (12:00)  
&3&4 Stepping left foot back in place, close right foot next to left foot, unwind ½ left take weight onto left foot (6:00)  
5&6 Kicking forward on right foot, step right foot back in place, touch left foot forward take weight onto right foot  
7&8 Stepping forward on left foot, lock right foot behind left foot, stepping forward on left foot weight onto left foot (6:00)

**¼ TURN LEFT SIDE ROCK & CROSS, SIDE ROCK / RECOVER, STEP OUT, HOLD, ½ TURN LEFT & CROSS, JUMP BOTH FEET APART, HOLD**

- 1&2 Turn ¼ left rock right foot to the right side, recover on left foot, stepping right foot across left foot weight onto right foot (3:00)  
3&4 Rock left foot to the left side, recover on right foot, stepping left foot out the left side take weight onto both feet (3:00)  
&5-6 Turn ½ left stepping right foot to the right side, stepping right foot across left foot take weight onto left foot, hold on count 6 (9:00)  
&7-8 Jump both feet apart take weight onto both feet, hold on count 8 take weight on left foot (9:00)

**SAILOR STEP, SAILOR STEP, CROSS, SIDE, ½ SAILOR CROSS RIGHT**

- 1&2 Stepping right foot behind left foot, stepping left foot to the left side, stepping right foot to the right side, weight onto right foot (9:00)  
3&4 Stepping left foot behind right foot, stepping right foot to the right side, stepping left foot to the left side, weight onto left foot  
5-6 Stepping right foot across left foot, stepping left foot to the left side  
7-8 Turn ½ right stepping right foot behind left foot, stepping left foot to the left side, stepping right foot across left foot, take weight onto right foot (3:00)

**SYNCOATED ROCK / RECOVER, CROSS, ¼ TURN LEFT STEP BACK, STEP BACK, WALK WALK, ½ PIVOT TURN LEFT, ¼ TURN, TOUCH**

- 1&2& Rock forward on left foot, recover on right foot, rock left foot to the left side, recover on right foot (3:00)  
3&4 Stepping left foot across right foot, turn ¼ left stepping back on right foot, stepping back on left foot (12:00)  
5-6 Walk forward on right foot, walk forward on left foot weight onto left foot  
7&8 Stepping forward on right foot, pivot ½ left take weight onto left foot, turn ¼ continue on left foot, touch right foot next to left foot weight onto left foot (3:00)

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