



I Get High

Script approved by *Alan G. Birchall*



Alan Birchall

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Side Rock, Cross Shuffle, 3/4 Turn Right, Forward Shuffle.		
1 - 2	Rock right to right side. Recover on left.	Side Rock	On the spot
3 & 4	Cross right over left. Step left to left side. Cross right over left.	Cross Shuffle	Left
5 - 6	Turn 1/4 right stepping left back. Turn 1/2 right stepping right forward.	Turn Turn	Turning right
7 & 8	Step left forward. Step right beside left. Step left forward.	Shuffle Step	Forward
Section 2	Cross Rock, Full Turn Right Travelling Back, Sailor Step, Cross, 1/4 Turn Left.		
1 - 2	Cross rock right over left. Recover back on left.	Cross Rock	On the spot
3 - 4	Turn 1/2 right stepping right forward. Turn 1/2 right stepping left back.	Turn Turn	Turning right
5 & 6	Cross right behind left. Step left to left side. Step right in place.	Sailor Step	On the spot
7 - 8	Cross left over right. Make 1/4 turn left stepping right back.	Cross Turn	Turning left
Section 3	Step Back, Lock, Coaster Step, Forward Lock Step, Rock Step.		
1 - 2	Step left back. Lock right across left.	Back Lock	Back
3 & 4	Step left back. Close right beside left. Step left forward.	Coaster Step	On the spot
5 & 6	Step right forward. Lock left behind right. Step right forward.	Step Lock Step	Forward
7 - 8	Rock forward on left. Rock back onto right.	Rock Step	On the spot
Section 4	Back Rock, Triple Full Turn Right On The Spot, Full Turn Left Travelling Forward.		
1 - 2	Rock back left. Rock forward onto right.	Back Rock	On the spot
3 & 4	Triple full turn right on the spot, stepping - Left, Right, Left.	Triple Turn	Turning right
5 - 6	Rock back on right. Rock forward on left.	Back Rock	On the spot
7 - 8	Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward.	Turn Turn	Turning left

INTERMEDIATE



Music track available on the Linedancer Celebration CD produced by The Outrageous Glenn Rogers. 14 tracks for the 14 dances published in the 100th Edition of Linedancer Magazine. Call 01704 392300 to order or visit www.linedancermagazine.com where tracks are available for download.



2 Wall Line Dance:- 32 Counts. Intermediate.

Choreographed by:- Alan Birchall (UK) July 2004.

Choreographed to:- 'I Get High Lovin You' (110 bpm) by Brady Seals from 'Brady Seals' CD, start on lyrics.